

Free/Reduced : \$0.00
Paid: \$3.35
Adult: \$ 4.05

Monthly menus, nutrition, allergen, and carbohydrate information can be found at: www.pusd.us.
 For additional information or inquiries, please contact PUSD Food and Nutrition Services 740 W. Woodbury Rd, Pasadena, CA 91103 (626) 396-5852

PUSD High School Lunch Menu

December 2019 - May 2020



Menu is subject to change

* Non-Meat Item	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week 1	Chicken Club Sandwich *Yogurt Fruit Parfait Cheeseburger *Pizza Varietals Spicy Chicken Sandwich Strawberry Cup Lettuce & Tomato Potato Sidewinders	Spicy Chicken Ranch Salad Hot Link Sandwich *Pizza Varietals Beef Burrito Spicy Chicken Sandwich Fruit Slushy Celery Sticks Sugar Snap Peas Potato Wedges	Teriyaki Chicken over Brown Rice *Yogurt Fruit Parfait Bacon Quesadilla Cheeseburger *Pizza Varietals Broccoli Roasted Chickpeas Potato Wedges Sliced Apples	*Macaroni & Cheese Concept Station *Pizza Varietals Beef Tamale Hot Dog Bananas Potato Wedges Cauliflower Pico De Gallo	Spicy Chicken Sandwich French Bread Pizza Yogurt Fruit Parfait Cheeseburger *Pizza Varietals Oranges Romaine & Tomato Potato Wedges Baby Carrots
Week 2	Chicken Tender Caesar Salad *Yogurt Fruit Parfait Chicken Nuggets w/ Roll *Pizza Varietals Cheeseburger Raisins Romaine & Tomato Cucumber Coins Potato Wedges	Chicken Biscuit Sliders Cold Deli Sandwich *Macaroni & Cheese Chicken Burrito *Pizza Varietals Grapes Celery Sticks Sugar Snap Peas Potato Wedges	Sweet & Sour Chicken over Brown Rice *Yogurt Fruit Parfait Bacon Quesadilla Chicken Tender Caesar Salad *Pizza Varietals Broccoli Roasted Chickpeas Potato Wedges Sliced Apples	*Potato Spudz Concept Station Spicy Chicken Sandwich Cold Deli Sandwich *Pizza Varietals Bananas Pico De Gallo Corn on the Cob	Spicy Chicken Sandwich *Yogurt Fruit Parfait Cheeseburger *Pizza Varietals Chef Salad Lettuce & Tomato Strawberry Cup Potato Sidewinders
Week 3	*Yogurt Fruit Parfait Chicken Tenders Cheeseburger *Pizza Varietals Spicy Chicken Sandwich Raisins Cucumber Coins Mashed Potatoes	Spaghetti w/ Meat Sauce Ham Pretzel Roll Chicken Burrito *Pizza Varietals Hot Dog Grapes Celery Sticks Sugar Snap Peas Potato Wedges	Orange Chicken over Brown Rice *Yogurt Fruit Parfait Bacon Quesadilla Cheeseburger *Pizza Varietals Broccoli Roasted Chickpeas Potato Wedges Sliced Apples	*Salad Concept Station Spicy Chicken Sandwich Country Chicken Mashed Potato Bowl Hot Dog *Pizza Varietals Bananas Potato Wedges Shredded Lettuce Pico De Gallo	Spicy Chicken Sandwich Hard Shell Beef Tacos *Yogurt Fruit Parfait Cheeseburger *Pizza Varietals Oranges Romaine & Tomato Potato Wedges Baby Carrots

This institution is an equal opportunity provider.
 1% and fat free milk as well as 100% fruit juice is offered daily to complete a nutritious meal.

Please join us when we serve Special Holiday meal on Wednesday December 18, 2019. Go to our website to view menu.