

PUSD Elementary School Lunch Menu

December 2019 - May 2020



Monthly menus, nutrition, allergen, and carbohydrate information can be found at: www.pUSD.us.

For additional information or inquiries, please contact PUSD Food and Nutrition Services 740 W. Woodbury Rd, Pasadena, CA 91103 (626) 396-5852

Free/Reduced: \$0.00
Paid: \$2.85
Adult: \$4.05

Menu subject to change

* Non-Meat Item	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week 1					
Dec 2 - 6 Jan 6 - 10 Jan 27 - 31 Feb 18 - 21 Mar 9 - 13 Apr 6 - 10 Apr 27 - May 1 May 18 - 22	Chicken Sandwich Or *Yogurt Grab Bag Lettuce & Tomato Strawberry Cup Potato Sidewinders	Hot Dog Or *Soy Butter & Jam Sandwich Sugar Snap Peas Celery Sticks Grapes	Teriyaki Chicken over Brown Rice Or *Yogurt Grab Bag Broccoli Roasted Chickpeas Sliced Apples	Beef Tamale Or *Bean & Cheese Burrito Pico De Gallo Bananas Potato Wedges	French Bread Pepperoni Pizza Or *Grilled Cheese Sandwich Fall Salad Cauliflower Baby Carrots Oranges
Week 2					
Dec 9 - 13 Jan 13 - 17 Feb 3 - 7 Feb 24 - 28 Mar 16 - 19 Apr 13 - 17 May 4 - 8 May 26 - 28	Chicken Nuggets w/ Goldfish Crackers Or *Yogurt Grab Bag Cucumber Coins Fall Salad Raisins	*Macaroni & Cheese w/ Dinner Roll Or *Soy Butter & Jam Sandwich Sugar Snap Peas Celery Sticks Grapes	Sweet-n-Sour Chicken over Brown Rice Or *Yogurt Grab Bag Broccoli Roasted Chickpeas Sliced Apples	Chicken Soft Taco Or *Bean & Cheese Burrito Pico De Gallo Corn on the Cob Bananas	Cheeseburger Or *Grilled Cheese Sandwich Lettuce & Tomato Strawberry Cup Potato Sidewinders
Week 3					
Dec 16 - 19 Jan 21 - 24 Feb 11 - 14 Mar 2 - 6 Mar 23 - 27 Apr 20 - 24 May 11 - 15	Chicken Tenders w/ Mashed Potatoes Or *Yogurt Grab Bag Cucumber Coins Fall Salad Raisins	Spaghetti with Meat Sauce Or *Soy Butter & Jam Sandwich Sugar Snap Peas Grapes	Orange Chicken over Brown Rice Or *Yogurt Grab Bag Broccoli Roasted Chickpeas Sliced Apples	Beef Tacos (2) Or *Beyond Beef Tacos Or *Bean & Cheese Burrito Pico De Gallo Lettuce Jicama Sticks Bananas	Sicilian Cheese Pizza Wedge Or *Grilled Cheese Sandwich Cauliflower Baby Carrots Oranges

This institution is an equal opportunity provider.

Please join us when we serve Special Holiday meals on, Wednesday December 18, 2019. Go to our website to view menu.

Fat free and 1% milk is offered daily to complete a nutritious meal.