

Breakfast is free for all Pasadena USD students
\$3.25 for Adults and 2nd meals

PUSD Elementary Breakfast

August - December 2022

PUSD Menus are nut free

*Non-Meat Item

Menu is subject to change without notice

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week 1 Aug 11 – 12 Aug 29 – Sep 2 Sep 19 – 22 Oct 10 – 14 Oct 31 – Nov 4 Nov 28 – Dec 2 Dec 19 - 22	*Yogurt Fruit Smoothie Strawberry Waffle Graham Crackers	*Breakfast Bun Raisins	*Bagel and Cream Cheese Pineapple Tidbits	Chicken and Waffle Dried Cranberries	*Pan Dulce Apple Slices
Week 2 Aug 15 – 19 Sep 6 – 9 Sep 26 – 30 Oct 17 – 21 Nov 7 – 10 Dec 5 – 9	*Chocolate Chip Muffin Fruit Cocktail	*French Toast Sticks Raisins	*Cinnamon Crumb Square Diced Peaches	Turkey Sausage & Cheese English Muffin Sandwich Dried Cranberries	*Mini Pancakes Apple Slices
Week 3 Aug 22 – 26 Sep 12 – 16 Oct 3 – 7 Oct 24 – 28 Nov 14 – 18 Dec 12 - 16	*Benefit Breakfast Bar Fruit Cocktail	Turkey Sausage Breakfast Pizza Raisins	*Strawberry Scone Diced Pears	*Mini Breakfast Bites Dried Cranberries	Blueberry Muffin Top Apple Slices

100% fruit juice offered daily.

Whole grain cereal is offered daily during breakfast.

Each student must select a fruit as part of a complete breakfast.

Fat free and 1% white milk is offered daily to complete a nutritious breakfast meal.

Visit www.pUSD.us for:

Monthly menus, nutrition, allergen, and carbohydrate information.

For additional information or inquiries, please contact PUSD Food and Nutrition Services 740 W. Woodbury Rd, Pasadena, CA 91103 (626) 396-5852

This institution is an equal opportunity provider.