

Lunch is free for all Pasadena USD students
\$4.05 for Adults and 2nd meals

PUSD Child Care Lunch ***February 2022 – June 2022***

PUSD Menus are nut free.

*Non-Meat Item

Menu subject to change without notice

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<u>Week 1</u> Feb 1 – Feb 4 Feb 22 – 25 Mar 14 – 18 Apr 11 – 15 May 2 – 6 May 23 – 27	Chicken Tenders w/ Cheez-it Crackers Or *Bean & Cheese Burrito Broccoli Applesauce Cup	Spaghetti with Meat Sauce Or *Veggie & Cheese Bento Box Sweet Potato Tots Peach Cup	Teriyaki Chicken over Brown Rice Or *Soy Butter & Jam Sandwich Sugar Snap Peas Strawberry Cup	Beef Tamale Or *Bean & Cheese Quesadilla Celery Sticks Mixed Berry Cup	Pepperoni Pizza Slice Or *Cheese Pizza Slice Potato Wedges Banana
<u>Week 2</u> Feb 7 – 10 Feb 28 – Mar 4 Mar 21 – 25 Apr 18 – 22 May 9 – 13 May 31 – Jun 3	Chicken Nuggets Or *Plant Based Nuggets Hartzels Pretzels Broccoli Applesauce Cup	*Mac & Cheese w/ Artisan Dinner Roll Or Italian Hoagie Sandwich Sweet Potato Tots Peach Cup	Orange Chicken over Brown Rice Or *Southwest Cheesy Bread Sugar Snap Peas Strawberry Cup	Chicken Taquitos (2) Or *Cheese Pupusa Celery Sticks Mixed Berry Cup	Cheeseburger Or *Garden Burger Potato Wedges Banana
<u>Week 3</u> Feb 14 – 18 Mar 7 – 11 Mar 28 – 31 Apr 25 – 29 May 16 – 20	Chicken Sandwich Or *Grilled Cheese Sandwich Broccoli Applesauce Cup	*Italian Cheesy Bread Sweet Potato Tots Peach Cup	Chicken Drumstick w/ Artisan Dinner Roll Or *Yogurt Grab Bag Sugar Snap Peas Strawberry Cup	Beef Tacos (2) Or *Vegan Tamale Celery Sticks Mixed Berry Cup	Sicilian Pepperoni Pizza Or *Sicilian Cheese Pizza Potato Wedges Banana

Monthly menus, nutrition, allergen, and carbohydrate information can be found at:
www.pUSD.us.

Fat free and 1% milk is offered daily to complete a nutritious meal.
Each student must take at least 3 food components as part of their lunch.

For additional information or inquiries, please contact PUSD Food and Nutrition Services
740 W. Woodbury Rd, Pasadena, CA 91103 (626) 396-5852

This institution is an equal opportunity provider.