

Monthly menus, nutrition, allergen, and carbohydrate information can be found at:  
www.pusd.us.

For additional information or inquiries, please contact PUSD Food and Nutrition  
Services 740 W. Woodbury Rd, Pasadena, CA 91103 (626) 396-5852

# **PUSD Child Care Breakfast Menu**

## **December 2019 - May 2020**

Menu subject to change

* Non-Meat Item WGR = 51% or more Whole Grain Item	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Week 1</b>	* WGR Bagel w/ <b>Cream Cheese</b> Or *Assorted Cereal Non-fat or 1% Milk Cherry Dried Cranberries 100% Fruit Juice	<b>Sausage Patty &amp;            Pancakes</b> WGR Or *Assorted Cereal Non-fat or 1% Milk Whole Apple 100% Fruit Juice	*Chocolate Chip <b>Muffin</b> WGR Or *Assorted Cereal Non-fat or 1% Milk Pineapple Tidbits 100% Fruit Juice	<b>Chicken and Waffles</b> WGR Or *Assorted Cereal Non-fat or 1% Milk Apple Slices 100% Fruit Juice	*Honey Loaf WGR Or *Assorted Cereal Non-fat or 1% Milk Sliced Kiwi 100% Fruit Juice
<b>Week 2</b>	* WGR Bagel w/ <b>Cream Cheese</b> Or *Assorted Cereal Non-fat or 1% Milk Cherry Dried Cranberries 100% Fruit Juice	<b>Pancake on a Stick</b> WGR Or *Assorted Cereal Non-fat or 1% Milk Diced Pears 100% Fruit Juice	<b>Bacon &amp; Cheese            Croissant</b> WGR Or *Assorted Cereal Non-fat or 1% Milk Diced Peaches 100% Fruit Juice	<b>French Toast Sticks            w/ Sausage Link</b> WGR Or *Assorted Cereal Non-fat or 1% Milk Mandarin Oranges 100% Fruit Juice	<b>Ham &amp; Cheese            English Muffin</b> WGR Or *Assorted Cereal Non-fat or 1% Milk Sliced Kiwi 100% Fruit Juice
<b>Week 3</b>	* WGR Bagel w/ <b>Cream Cheese</b> Or *Assorted Cereal Non-fat or 1% Milk Cherry Dried Cranberries 100% Fruit Juice	*Breakfast Bun WGR Or *Assorted Cereal Non-fat or 1% Milk Orange Wedges 100% Fruit Juice	<b>Breakfast Pizza</b> WGR Or *Assorted Cereal Non-fat or 1% Milk Banana 100% Fruit Juice	*Buttermilk Twin Bars WGR Or *Assorted Cereal Non-fat or 1% Milk Mixed Fruit 100% Fruit Juice	<b>Bacon &amp; Cheese            Croissant</b> WGR Or *Assorted Cereal Non-fat or 1% Milk Sliced Kiwi 100% Fruit Juice

This institution is an equal opportunity provider.