

SISC

2-Tier Anchor Bronze Benefit Summary

Blue Shield of California

Highlights: \$5,000 individual coverage deductible or \$10,000 family coverage deductible

Effective: October 1, 2019

THIS MATRIX IS INTENDED TO BE USED TO HELP YOU COMPARE COVERAGE BENEFITS AND IS A SUMMARY ONLY. THE PLAN CONTRACT SHOULD BE CONSULTED FOR A DETAILED DESCRIPTION OF COVERAGE BENEFITS AND LIMITATIONS.

	Participating Providers ¹	Non-Participating Providers ³
Calendar Year Medical Deductible (All providers combined) (Note: For individual on family coverage plan, enrollee can receive benefits for covered services once individual deductible is met.)	\$5,000 per individual / \$10,000 per family	
Calendar Year Out-of-Pocket Maximum² (Includes the plan deductible) (For individual on family coverage plan, enrollee can receive 100% benefits for covered services once individual out-of-pocket maximum is met.)	\$6,350 per individual / \$12,700 per family	
Lifetime Benefit Maximum	None	
Covered Services	Member Copayment	
OUTPATIENT PROFESSIONAL SERVICES	Participating Providers¹	Non-Participating Providers³
Professional (Physician) Benefits		
Physician and specialist office visits	30%	50% ²
Outpatient diagnostic x-ray, imaging, pathology, laboratory and other testing services	30%	Not Covered
Radiological and nuclear imaging (CT scans, MRIs, MRAs, PET scans and cardiac diagnostic procedures utilizing nuclear medicine)	30%	50% ²
Allergy Testing and Treatment Benefits		
Allergy testing, treatment and serum injections (separate office visit copayment may apply)	30%	50% ²
Preventive Health Benefits¹³		
Preventive health services (as required by applicable Federal law)	No Charge (not subject to the calendar year medical deductible)	Not Covered
OUTPATIENT FACILITY SERVICES		
Outpatient surgery performed at a free-standing ambulatory surgery center	30%	No Charge ⁴
Outpatient surgery performed in a hospital or hospital affiliated ambulatory surgery center ¹⁴	30% ¹⁴	No Charge ⁴
Outpatient services and supplies ¹⁴	30% ¹⁴	No Charge ⁴
Outpatient services for treatment of illness or injury and necessary supplies (except as described under "Rehabilitation Benefits" and "Speech Therapy Benefits")	30%	50% ²
Outpatient diagnostic x-ray, imaging, pathology, laboratory and other testing services ¹⁴	30% ¹⁴	Not Covered
Radiological and nuclear imaging (CT scans, MRIs, MRAs, PET scans and cardiac diagnostic procedures utilizing nuclear medicine)	30%	50% ^{2,4}
Bariatric surgery ⁵ (prior authorization is required; medically necessary surgery for weight loss, for morbid obesity only)	30%	No Charge ⁴
HOSPITALIZATION SERVICES		
Hospital Benefits (Facility Services)		
Inpatient physician services	30%	50% ^{2,9}
Inpatient non-emergency facility services (semi-private room and board, and medically necessary services and supplies, including subacute care)	30%	No Charge ⁶
Bariatric surgery ⁵ (prior authorization is required; medically necessary surgery for weight loss, for morbid obesity only)	30%	No Charge ⁶
Inpatient Skilled Nursing Benefits⁸ Coverage limited to 100 days per member per benefit period combined with hospital/free-standing skilled nursing facility.		
Free-standing skilled nursing facility	30%	30% ⁷
Skilled nursing unit of a hospital	30%	No Charge ⁶

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EMERGENCY HEALTH COVERAGE		
Emergency room services not resulting in admission (copayment does not apply if the member is directly admitted to the hospital for inpatient services)	\$100 per visit + 30%	\$100 per visit + 30%
Emergency room services resulting in admission (when the member is admitted directly from the ER)	30%	30%
Emergency room physician services	30%	30% ⁹
AMBULANCE SERVICES		
Emergency or authorized transport (ground or air)	\$100 per transport + 30%	\$100 per transport + 30%
PRESCRIPTION DRUG COVERAGE		
Outpatient Prescription Drug Benefits	Administered by Navitus Health Solutions 1-866-333-2757	
PROSTHETICS/ORTHOTICS		
Prosthetic equipment and devices (separate office visit copayment may apply)	30%	50% ²
Orthotic equipment and devices (separate office visit copayment may apply)	30%	Not Covered
DURABLE MEDICAL EQUIPMENT		
Breast pump	No Charge (not subject to the calendar year medical deductible)	Not Covered
Other durable medical equipment	30%	Not Covered
MENTAL HEALTH AND SUBSTANCE USE DISORDER SERVICES^{10,11}		
Inpatient hospital services	30%	No Charge ⁶
Residential care	30%	No Charge ⁶
Inpatient physician services	30%	50% ²
Routine outpatient mental health and substance use disorder services (includes professional/physician visits)	30%	50% ²
Non-routine outpatient mental health and substance use disorder services (includes behavioral health treatment, electroconvulsive therapy, intensive outpatient programs, office-based opioid treatment, partial hospitalization program, psychological testing and transcranial magnetic stimulation)	30%	50% ²
HOME HEALTH SERVICES		
Home health care agency services ⁷ Coverage limited to 100 visits per member per calendar year.	30%	Not Covered ¹²
Home infusion/home injectable therapy and infusion nursing visits provided by a home infusion agency	30%	Not Covered ¹²
HOSPICE PROGRAM BENEFITS		
Routine home care	No Charge	Not Covered ¹²
Inpatient respite care	No Charge	Not Covered ¹²
24-hour continuous home care	No Charge	Not Covered ¹²
Short-term inpatient care for pain and symptom management	No Charge	Not Covered ¹²
CHIROPRACTIC BENEFITS⁷		
Chiropractic spinal manipulation Coverage limited to 20 visits per calendar year.	30%	Not Covered
ACUPUNCTURE BENEFITS⁷		
Acupuncture services Coverage limited to 12 visits per calendar year.	30%	50% ²
REHABILITATION and HABILITATION BENEFITS (Physical, Occupational and Respiratory Therapy)		
Office location (an additional facility copayment may apply when services are rendered in a hospital or skilled nursing facility)	30%	Not Covered
SPEECH THERAPY BENEFITS		
Office location (an additional facility copayment may apply when services are rendered in a hospital or skilled nursing facility)	30%	50% ²
PREGNANCY AND MATERNITY CARE BENEFITS		
Prenatal and postnatal physician office visits (when billed as part of global maternity fee including hospital inpatient delivery services)	30% (not subject to the calendar year medical deductible)	50% ²
Abortion services (an additional facility copayment may apply when services are rendered in a hospital or outpatient surgery center)	30%	Not Covered
FAMILY PLANNING BENEFITS		
Counseling and consulting (includes insertion of IUD, as well as injectable and implantable contraceptives for women)	No Charge (not subject to the calendar year medical deductible)	Not Covered
Tubal ligation	No Charge (not subject to the calendar year medical deductible)	Not Covered

Vasectomy (an additional facility copayment may apply when services are rendered in a hospital or outpatient surgery center)	30%	Not Covered
DIABETES CARE BENEFITS		
Devices, equipment, and non-testing supplies (for testing supplies see Outpatient Prescription Drug Benefits)	30%	50% ²
Diabetes self-management training	30%	50% ²
HEARING BENEFITS		
Audiological evaluations	30% (not subject to the calendar year medical deductible)	50% ²
Hearing aid instrument and ancillary equipment (Up to a maximum combined benefit of \$700 per pair every 24 months for the hearing aid and ancillary equipment.)	30%	30%

CARE OUTSIDE OF PLAN SERVICE AREA

Benefits provided through the BlueCard® Program are paid at the participating level. Member's cost share will be either a copayment or coinsurance based on the lower of billed charges or the negotiated allowable amount for participating providers as agreed upon with the local Blue's Plan.

Within US: BlueCard Program	See Applicable Benefit	See Applicable Benefit
Outside of US: BlueCard Worldwide	See Applicable Benefit	See Applicable Benefit

- 1 Unless otherwise specified, copayments/coinsurance are calculated based on allowable amounts. After the calendar year medical deductible is met, the member is responsible for a copayment/coinsurance for covered services from participating providers. Participating providers agree to accept Blue Shield's allowable amount plus any applicable member copayment or coinsurance as full payment for covered services.
- 2 Copayments/Coinsurance marked with this footnote does not accrue to Calendar Year out-of-pocket maximum. Copayments/Coinsurance and charges for services not accruing to the member's Calendar Year out-of-pocket maximum continue to be the member's responsibility after the Calendar Year out-of-pocket maximum is reached. This amount could be substantial. Please refer to the Plan Contract for exact terms and conditions of coverage.
- 3 Non-participating providers can charge more than Blue Shield's allowable amounts. When members use non-participating providers, they must pay the applicable deductibles, copayments or coinsurance plus any amount that exceeds Blue Shield's allowable amount. Charges above the allowable amount do not count toward the calendar year medical deductible or out-of-pocket maximum.
- 4 The maximum allowed charges for non-emergency surgery and services performed in a non-participating ambulatory surgery center or outpatient unit of a non-participating hospital is \$350 per day. Members are responsible for all charges in excess of \$350 per day.
- 5 Bariatric surgery is covered when prior authorized by Blue Shield; however, for members residing in Imperial, Kern, Los Angeles, Orange, Riverside, San Bernardino, San Diego, Santa Barbara and Ventura Counties ("Designated Counties"), bariatric surgery services are covered only when performed at designated contracting bariatric surgery facilities and by designated contracting surgeons. Coverage is not available for bariatric services from any other participating provider and there is no coverage for bariatric services from non-participating providers. In addition, if prior authorized by Blue Shield, a member in a Designated County who is required to travel more than 50 miles to a designated bariatric surgery facility will be eligible for limited reimbursement for specified travel expenses for the member and one companion. Refer to the Plan Contract for further details.
- 6 The maximum allowed charges for non-emergency hospital services received from a non-participating hospital is \$600 per day. Members are responsible for all charges in excess of \$600 per day.
- 7 For plans with a calendar year medical deductible amount, services with a day or visit limit accrue to the calendar year day or visit limit maximum regardless of whether the calendar year medical deductible has been met.
- 8 Services may require prior authorization. When services are prior authorized, members pay the participating provider amount.
- 9 When these services are rendered by a Non-Participating Radiologist, Anesthesiologist, Pathologist and Emergency Room Physicians in a Participating facility, the member pays the Participating Provider copayment.
- 10 Mental health and substance use disorder services are accessed through Blue Shield's participating and non-participating providers.
- 11 Inpatient services for acute detoxification are covered under the medical benefit; see the Hospital Benefits (Facility Services) section of the Plan Contract for benefit details. Services for acute medical detoxification are accessed through Blue Shield using Blue Shield's participating providers or non-participating providers.
- 12 Services from non-participating providers for home health care and hospice services are not covered unless prior authorized. When these services are prior authorized, the members copayment or coinsurance will be calculated at the participating provider level, based upon the agreed upon rate between Blue Shield and the agency.
- 13 Preventive Health Services, including an annual preventive care or well-baby care office visit, are not subject to the calendar year medical deductible. Other covered non-preventive services received during, or in connection with, the preventive care or well-baby care office visit are subject to the calendar year medical deductible and applicable member copayment/coinsurance.
- 14 Services and supplies for the following Outpatient surgeries are subject to the following Benefit maximums if performed in the Outpatient department of a Hospital. The Benefit maximum does not apply when the same services are provided in a participating ambulatory surgery center.
 - Arthroscopy limited to \$4,500 per procedure
 - Cataract Surgery limited to \$2,000 per procedure
 - Colonoscopy limited to \$1,500 per procedure
 - Upper GI Endoscopy with Biopsy limited to \$1,250 per procedure
 - Upper GI Endoscopy limited to \$1,000 per procedure

Members are responsible for the applicable deductibles, copayments or coinsurance, plus all charges in excess of these maximums.

Plan designs may be modified to ensure compliance with Federal requirements.

ASO (1/19) PB 032819

Self-Insured Schools of California (SISC) Pharmacy Benefit Schedule

PLAN RX 9-35 (MVP)

	Walk-In				Mail	
	Network		Costco		Costco	Navitus
Days' Supply*	30	90	30	90	90	30
Generic	\$9	N/A	FREE	FREE	FREE	N/A
Brand	\$35	N/A	\$35	\$90	\$90	N/A
Specialty	N/A	N/A	N/A	N/A	N/A	\$35

Out-of-Pocket Maximum	\$6,350 Individual / \$12,700 Family
Deductible**	\$5,000 Individual / \$10,000 Family

SISC urges members to use generic drugs when available. If you or your physician requests the brand name when a generic equivalent is available, you will pay the generic copay plus the difference in cost between the brand and generic. The difference in cost between the brand and generic will not count toward the Annual Out-of-Pocket Maximum.

*Members may receive up to 30 days and/or up to 90 days supply of medication at participating pharmacies. Some narcotic pain and cough medications are not included in the Costco Free Generic or 90-day supply programs. Navitus contracts with most independent and chain pharmacies with the exception of Walgreens.

** Deductible applies to medical and pharmacy benefits. Free generics at Costco will only apply after deductible is satisfied.

Mail Order Service

The Mail Order Service allows you to receive a 90-day supply of maintenance medications. This program is part of your pharmacy benefit and is **voluntary**.

Specialty Pharmacy

Navitus SpecialtyRx helps members who are taking medications for certain chronic illnesses or complex diseases by providing services that offer convenience and support. This program is part of your pharmacy benefit and is **mandatory**.

For information regarding the Prescription Drug Program call or visit on-line:
Navitus Customer Care 1-866-333-2757 (toll-free) TTY (toll free) 711 www.navitus.com

Navi-Gate® for Members allows you to access personalized pharmacy benefit information online at www.navitus.com. For information specific to your plan, visit Navi-Gate® for Members. Activate your account online using the Member Login link and an activation email will be sent to you. The site provides access to prescription benefits, pharmacy locator, drug search, drug interaction information, medication history, and mail order information. The site is available 24 hours a day, seven days a week.