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Section X - Office of Child Development

X. Office of Child Development

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**PASADENA UNIFIED SCHOOL DISTRICT
OFFICE OF CHILD DEVELOPMENT**

EARLY CHILDHOOD PROGRAM

PROGRAM DESCRIPTION

The Pasadena Unified School District offers an early education program for approximately 800 preschool children. The program is open to all eligible children regardless of sex, race, religion, ethnicity, national origin or handicapping condition.

Children participating in this program attend school three hours per day, five days per week, Monday through Friday in a morning or afternoon session. Children may be eligible for transportation provided by the district depending on address and school of residence.

PROGRAM GOALS

1. To provide a comprehensive developmentally appropriate preschool program, including a full range of services for children and families in safe, healthful and nurturing environment.
2. To provide a stimulating classroom environment and learning opportunities which are developmentally appropriate for three and four-year old children.

The program focuses on activities for social and emotional development, large and small motor development, math, science, music, multicultural education, dramatic play, nutrition education, art and computers. Daily experiences help each child develop a good self-image, feel competent in the classroom setting and develop problem solving skills. In addition to the classroom activities, each class participates in regular field trips to the library and other community places of interest.

Funds to operate the Early Childhood Program are received jointly from the State Preschool allocation, federal Chapter I dollars, and Private Foundation grants.

EARLY CHILDHOOD PROGRAM SITES

Programs Offered at the Following Locations

Altadena

Norma Coombs

Cleveland

Roosevelt

Hamilton

Sierra Madre

Jackson English (AM Session)

Washington

Jefferson English (PM Session)

Webster

Longfellow

Willard

Madison

DUAL IMMERSION SCHOOLS

Jackson Spanish (PM Session)

San Rafael Spanish

Jefferson Spanish (AM Session)

Field Mandarin ECP

**PASADENA UNIFIED SCHOOL DISTRICT
OFFICE OF CHILD DEVELOPMENT**

CHILDREN'S CENTERS AND INFANT TODDLER CENTERS

PROGRAM DESCRIPTION

Pasadena Unified School District Children's Centers serve children ages 4 weeks - 9 years of age. Each classroom is supervised by a permit Children's Center Teacher with the assistance of an aide. All staff members receive on-going training to maintain the quality of the program. Adult-child ratios are in compliance with Child Development guidelines. The staff has designed a flexible program that responds to the needs of each child. The preschool program uses the High/Scope educational model designed to allow experience learning through active exploration and communication.

PROGRAM GOALS

1. To provide a comprehensive, coordinated, cost-effective system of child care, including a full range of services in a safe, healthful, and nurturing environment which understands and respects the child's primary language and individual differences, and which promotes the development of positive self concepts for children.
2. To provide age-appropriate activities which reinforce and enrich developmental areas: emotional, social, physical, cognitive, language, and creativity.
3. To foster a partnership between parents, children and staff which will improve program quality.
4. To provide appropriate training to enable staff and parents to meet the needs of children, as well as their own professional and personal needs.

CHILDREN'S CENTERS SITES

The Children's Centers offer Full-Day or Before and After-School Care programs (Jefferson and Longfellow Only) in an educational setting for children PreK through 5th grade for parents who are working, attending school, job training, seeking employment, or incapacitated.

Services are also provided for children who are referred by protective services or have special needs.

Jefferson Children's Center
391 N. Sierra Bonita Ave.
Pasadena, Ca 91106
(626) 793-0656

Longfellow Children's Center
1377 N. Mar Vista Ave.
Pasadena, Ca 91104
(626) 396-5947

Washington Children's Center
130 Penn St.
Pasadena, Ca 91103
(626) 396-5945

Willard Children's Center
345 S. Halstead St.
Pasadena, Ca 91107
(626) 396-5946

For further information please contact one of our center locations.

PASADENA UNIFIED SCHOOL DISTRICT

OFFICE OF CHILD DEVELOPMENT/HEALTH PROGRAMS

Assessment of the infant/toddler and preschool child and family's health issues allows for comprehensive case management. The general objectives of the Health Programs Department component of the Infant/Toddler Programs Early Childhood Program (ECP) and Children's Centers (CC):

- a. Provide a comprehensive health services program which includes medical, dental, nutrition and mental health to preschool children that assist the child's physical, emotional, cognitive and social development toward the overall goal of social competence.
- b. Promote preventive health care and early intervention services.
- c. Provide the child's family with the necessary skills and insight access the health care system and to insure that the child continues to receive comprehensive health care after leaving the Infant/Toddler Programs, ECP and CC.

**PASADENA UNIFIED SCHOOL DISTRICT
OFFICE OF CHILD DEVELOPMENT**

**HEALTH PROGRAM OFFERED BY OFFICE OF CHILD DEVELOPMENT'S
NURSE/NURSE PRACTITIONER**

FOR STUDENTS:

1. Comprehensive health history of each student and family
2. Health screening (state mandated)
 - a. Vision screen (fall/spring - rescreens, new students)
 - b. Hearing screen (fall/spring - rescreens, new students)
 - c. Height/weight screen (fall/spring)
 - d. Dental screen (fall)
3. Establish and maintain health records for each student
4. Follow up on identified health concerns and communicable/infectious diseases
5. Conduct health assessment for IEP students as needed
6. Provides health/community resources for families
7. Provides CHDP physical examinations
8. Provides classroom education/instruction for students and families
9. Provide immunizations as needed to students whose immunizations status is not current
10. Provides general health assessment as needed (ongoing)

FOR PARENTS:

1. Provides health education/workshops for parents
2. Provides referrals of parents/children to appropriate resources

FOR TEACHERS / SCHOOL:

1. Consult with teachers regarding student's health problems and their adjustment in the classroom
 - a. Provides in-service instruction on specialized care/procedure of identified students
 - b. Provides classroom teacher and school nurse/office with a list of children with health concerns
2. Provides instruction on general health inspection guidelines
3. Assists school personnel to recognize signs and symptoms of communicable/infectious diseases for exclusion and instructions regarding treatment of the problem.
4. Assess suspected child abuse and reports as necessary
5. Provides instruction on universal precautions and reduction of infectious/communicable disease transmission and other health related topics

- Management of Special Education Infant/Preschool children in full inclusion classrooms. Duties include nurse assessment reports, parent interviews, report of health assessment, release of medical information forms and other medical reports as necessary.
- Maintains communicable disease and infection control authority for exclusion and readmission.
- Designs health maintenance forms, in compliance with state guidelines, specifically for preschool children and with approval of health director.
- Institute referral process to select physicians for medical and dental care for children without access to health care.
- Coordinate annual county immunization assessment program auditing.

POSITION TITLE: **INFANT-TODDLER NURSE**
JOB DESCRIPTION

SALARY: Placement on the teacher's salary schedule based on education and experience.

WORK YEAR: 10 months (184 work days)

RESPONSIBILITIES:

The infant-toddler nurse is a registered nurse who has a B.S./B.A. degree and has/is eligible for a school nurse/health services credential.

The major focus of school nursing is prevention of disabilities through early detection and correction of health problems and provision of a comprehensive health service/education program for staff, parents, and students and parents of Infant-Toddler centers.

EXAMPLES OF DUTIES:

- Performs complete physical assessment, and immunizations on all eligible children utilizing CHDP funds. Nurse Practitioners will be scheduled to perform physical examinations in the Health Clinic.
- Facilitates interaction with community agencies, consultants and health providers. Maintains communication with parents and all involved community practitioners or agencies to promote needed treatment and secures reports to findings pertinent to educational planning.
- Interviews each parent/caregiver, prior to enrollment, to complete a health and developmental intake on each child obtaining accurate health information on families.
- Acts as liaison to coordinate the transfer of children into ECP programs to insure smooth transition.
- Consults and serves as resource person to teachers and administrators involved in the infant-toddler program, including year-round programs, Children's Services, School-Age Child Care, and Stone Soup Programs.
- Provides immunizations and TB tests for all entering students who do not have access to medical care.
- Provides health education workshops for parents of infant/toddlers.

- Management of Special Education Infant/Preschool children in full inclusion classrooms. Duties include nurse assessment reports, parent interviews, report of health assessment, release of medical information forms and other medical reports as necessary.
- Maintains communicable disease and infection control authority for exclusion and readmission.
- Designs health maintenance forms, in compliance with state guidelines, specifically for infant-toddlers and with approval of health director.
- Institute referral process to select physicians for medical and dental care for children without access to health care.
- Coordinate annual county immunization assessment program auditing.

**PASADENA UNIFIED SCHOOL DISTRICT
OFFICE OF CHILD DEVELOPMENT/HEALTH PROGRAMS**

Daily Health Inspection

All ECP and CC sites follow a daily health inspection procedure which is completed by the classroom teacher. Children are not accepted until the inspection is complete. The teachers have been inserviced and a memo distributed concerning excluding children. Teachers are able to exclude a child utilizing the following criteria:

1. fever
2. skin rash (unusual spots/rash)
3. flu/cold
4. continuous coughing
5. eye infection (yellow/pink/watery eyes)
6. sore throat
7. earache
8. headache
9. stomachache
10. vomiting/diarrhea

In some cases it may be necessary to page the Office of Child Development Nurse/Nurse Practitioner for contagious or infectious disease (i.e. Strep throat, ringworm, rashes) for medical treatment/referral and follow-up.

**PASADENA UNIFIED SCHOOL DISTRICT
OFFICE OF CHILD DEVELOPMENT**

HEALTH EDUCATION FOR PRESCHOOL STUDENTS

The Infant/Toddler, ECP nurse/nurse practitioner is available to provide age appropriate instruction for Infant/Toddler, ECP and preschool CC in the following health related areas:

- Handwashing/Health Habits
- Dental hygiene
- Human body
- Nutrition
- Safety

A. Handwashing/health habits instruction should include the following:

1. Use of soap
2. Dirty hands spread germs and can make one sick
3. When to wash hands:
 - a. After using bathroom
 - b. Before eating
 - c. After playing
4. Keeping neat and clean
 - a. Combing hair daily
 - b. Brushing teeth
 - c. Bathing daily

B. Dental hygiene instruction should include the following:

1. Use of toothpaste
2. Areas of teeth/mouth that should be brushed (front, back, uppers, lowers, and tongue)
3. Brushing teeth at least 2x/day - morning and night
4. Foods that are bad for the teeth
5. Foods that are better for the teeth
6. What happens if one does not brush the teeth
7. Introduction to dental flossing
 - a. What is flossing
 - b. How to use floss
 - c. Mom/Dad will need to help
8. When will “baby” teeth begin to fall out; when will “big” teeth come in
9. Provide free toothbrushes/toothpaste for each child’s home use

C. Human body instruction should include the following:

1. Basic body systems:
 - a. Skin
 - b. Skeleton
 - c. Stomach
 - d. Lungs
 - e. Heart
2. Recognition of each body system
3. Basic function/purpose of each body system

D. Nutrition instruction should include the following:

1. Introduction to food groups:
 - a. Fruits
 - b. Vegetables
 - c. Breads/cereals
 - d. Milk/dairy
 - e. Meat/fish/nuts
2. Healthy foods and unhealthy foods
3. Food identification and to what group they belong
4. How each food group helps the body

E. Safety instruction should include the following:

1. Strangers
2. Medications/poisons
3. Stray animals
4. Objects not meant for play
 - a. Sharp objects
 - b. Matches
5. Good touch and bad touch

**PASADENA UNIFIED SCHOOL DISTRICT
OFFICE OF CHILD DEVELOPMENT/HEALTH PROGRAMS**

PHYSICAL EXAM LETTER

Dear Parent/Guardian

The State of California requires that each child enrolling in a Children's Center or Early Childhood Program classroom must have a physical examination. Please check below how you plan to meet this state requirement for you child.

CHECK ONE

- 1. ___ School Nurse Practitioner (Paid by state - See School Nurse).
- 3. ___ School Nurse Practitioner (Paid by family - \$40.00 cash only).
- 4. ___ Pasadena Department of Human Services - Health Division.
- 5. ___ Prepaid Health Plan (i.e. Kaiser or other).
- 6. ___ Personal Provider (Forms are available at school office).
- 7. ___ Physical examinations are against my belief. (**Waiver MUST be signed**)

INCOME ELIGIBILITY

- 1. Number of persons in family? _____
- 2. Is the patient:
 - a. On Medi-Cal now? Yes No
 - b. On a Prepaid Health Plan (Kaiser or other)? Yes No
 - c. Does your child receive free/reduced lunch? Yes No

(School)	(Child's Name)
(Parent's Work Phone #)	(Birthdate)
(Parent's Home Phone #)	(Signature of Parent/Guardian)
	(Date)

**DISTRITO ESCOLAR UNIFICADO DE PASADENA
OFICINA DEL DESAROLLO DE NIÑOS/PROGRAMAS DE SALUD
CARTA PARA EXAMEN FÍSICO**

Estimados Padres/Tutores:

El Estado de California requiere que cada niño matriculado en el Centro de Niños y en el Programa Pre-Escolar tienen que tener un examen físico. Por favor marque abajo como planea cumplir los requisitos del Estado para obtener un examen físico para su niño.

MARQUE UNO ()

1. ___ Enfermera Profesional Escolar (Pagada por el Estado - Vea la Enfermera de la Escuela).
3. ___ Enfermera Profesional Escolar (Pagada por la familia - \$40.00 al contado únicamente).
4. ___ Departamento de Servicios Humanos de Pasadena - División de Salud.
5. ___ Plan de salud pre-pagado (ej. Kaiser u otro).
6. ___ Proveedor Personal (las formas se pueden obtener en la oficina de la Escuela).
7. ___ Los exámenes físicos son en contra de mis creencias. **(Se debe firmar una Renuncia)**

INGRESOS DE ELEGIBILIDAD

1. ¿Número de personas en la familia? _____
2. Está el paciente:
 - a. ¿En Medi-Cal ahora? Sí No
 - b. ¿En un Plan de Salud Prepagado (Kaiser u otro)? Sí No
 - c. ¿Recibe su niño/a almuerzo gratis o de costo reducido? Sí No

(Escuela)	(Nombre del/a Niño/a)
(No. de Tel. del Trabajo del Padre)	(Fecha de Nacimiento)
(No. de Tel. del Hogar del Padre)	(Firma del Padre/Tutor)
	(Fecha)

**PASADENA UNIFIED SCHOOL DISTRICT
CHILD DEVELOPMENT DEPARTMENT/HEALTH PROGRAMS**

School _____

Child's Name _____

Last First Middle

Birthdate _____ Sex: Male Female Phone (____) _____

Address _____

Number Street City Zip Code

1. MATERNAL & INFANT HISTORY

5. Maternal History

Complications of pregnancy: _____

Duration of pregnancy: (months) _____

Hours in labor: _____

Delivery method: Vaginal C-Section

6. Infant History

Condition of Newborn: Good Fair Poor

Birth weight: Lbs. _____ Ozs. _____

First month Complications: Yes No

If yes, explain: _____

7. DEVELOPMENT OF EARLY HISTORY

At what age did your child (mo., yrs.):

Smile responsively _____ Words _____

Sat alone _____ Stand Alone _____

Sentences _____ Walk _____

Toilet Train _____ Feed self _____

8. PAST MEDICAL HISTORY AND ILLNESS

Has your child had any of the following conditions:
(mark an X)

Red Measles (10 days) _____

Chickenpox (age) _____

Convulsions/seizures _____

Mumps _____ Rubella (3 days) _____

Whooping Cough _____ Polio _____

Tuberculosis _____ Pneumonia _____

Scarlet Fever _____ Rheumatic Fever _____

Meningitis _____ Anemia _____

Ear infections _____ Frequent colds _____

Sore Throats _____ Heart disease _____

Diabetes _____ Kidney disease _____ Asthma _____

Sickle Cell _____

Allergy _____ Surgeries _____

Drug Allergy _____ Diptheria _____

Hospitalization _____ Other illnesses _____

Describe: _____

9. FAMILY HISTORY

Is there a family history of any of the following conditions (mark an X):

Rheumatic fever _____

Tuberculosis _____

Diabetes _____

Epilepsy _____

Heart Disease _____

Syphilis _____

Bleeding Disorder _____

Jaundice _____

Cancer _____

Anemia _____

Allergies _____

Alcoholism _____

Mental Retardation _____

Substance abuse: _____

Smoking, Alcohol, Drugs _____

Are there any problems in the family affecting your child at this time (divorce, violence or death in the family)? Explain:

10. GENERAL FAMILY HISTORY

Good Fair Poor

Mother _____

Father _____

Children _____

Has your child been:

In speech therapy? _____ Where? _____

Seen by a Regional Center? _____

Served by another agency? _____

Other problems or concerns: _____

**DISTRITO ESCOLAR UNIFICADO DE PASADENA
DEPARTAMENTO PARA EL DESARROLLO DEL NIÑO/PROGRAMAS DE SALUD**

Escuela _____

Nombre del Niño/a _____

Fecha de Nacimiento _____ Apellido _____ Nombre _____ Segundo Nombre _____
Sexo: Masculino Femenino Teléfono (____) _____

Dirección _____
Número _____ Calle _____ Ciudad _____ Zona Postal _____

1. HISTORIA MATERNA Y DEL INFANTE

A. Historia Materna

Complicaciones del embarazo: _____

¿Cuántos meses estuvo embarazada? _____

¿Cuántas horas duro el parto?: _____

Forma de parto: Vaginal Cesaria

B. Historia del Infante

Condición del recién nacido: Buena Regular Mal

Peso al nacer: Lbs. _____ Ozs. _____

Complicaciones en el primer mes: Sí No

Explique: _____

2. DESARROLLO E HISTORIA TEMPRANA

A que edad su niño/a (meses, años): _____

Sonrió _____ Dijo Palabras _____

Se sentó solo/a _____ Se paró solo/a _____

Hablo frases completas _____ Camino _____

Usó el baño solo/a _____ Comio solo/a _____

3. HISTORIA MEDICA Y ENFERMEDADES ANTERIORES

¿Ha tenido su hijo/a alguna de las siguientes condiciones?
(marque una X)

Sarampión (de 10 días) _____

Viruelas locas (edad _____) _____

Convulsiones/ataques _____

Paperas _____ Rubeola (3 días) _____

Tos Ferina _____ Polio _____

Tuberculosis _____ Pulmonia _____

Fiebre escarlatina _____ Fiebre reumática _____

Meningitis _____ Anemia _____

Infección de oídos _____ Resfriados frecuentes _____

Dolor de Garganta _____ Enfermedad de corazón _____

Diabetes _____ Problemas del riñón _____ Asma _____

Celula falsiforme _____ Alergias _____

Operaciones _____

Alergia a medicina _____ Difteria _____

Hospitalizaciones _____ Otras Enfermedades _____

Explique: _____

4. HISTORIA FAMILIAR

¿Hay historia familiar de alguna de estas condiciones?
(marque una X):

Fiebre reumatica _____

Tuberculosis _____

Diabetes _____ Epilepsia _____

Enfermedad del corazon _____

_____ Sífilis _____

Hemorragias _____ Ictericia _____

Cancer _____

Anemia _____

Alergias _____

Alcoholismo _____

Retardacion mental _____

Abuso de sustancias toxicas: _____

Fumar, Tomar, Drogas _____

¿Existe algun problema en la familia afectando al niño/a en este momento (divorcio, violencia, muerte)? Explique:

5. SALUD GENERAL DE LA FAMILIA

Buena Regular Mala

Madre _____

Padre _____

Niños/as _____

¿Ha estado su niño/a en: _____

Clases para mejorar el habla? _____ Donde? _____

Servicios de un Centro Regional? _____

Servicios de otra agencias? _____

Otros problemas o preocupaciones: _____

PASADENA UNIFIED SCHOOL DISTRICT
 Child Development Department
 Health Programs
REPORT OF PHYSICIAN FOR SCHOOL USE

Last Name of Child	First Name	Sex <input type="checkbox"/> Male <input type="checkbox"/> Female	DOB	Parent's Full Name
Health Insurance: (Check one) <input type="checkbox"/> Medi-Cal <input type="checkbox"/> Healthy Families <input type="checkbox"/> California Kids <input type="checkbox"/> Private <input type="checkbox"/> Other _____ <input type="checkbox"/> None		Dental Insurance: <input type="checkbox"/> Yes <input type="checkbox"/> No Company:		School/Site: Name of <u>Doctor/Medical Home</u> Name of <u>Dentist/Dental Home</u>

TO BE COMPLETED BY HEALTH CARE PROVIDER

MD/RNP Name, Address, Phone (stamp or write):	Date of exam:	Height:	%:
	Parent present? <input type="checkbox"/> Yes <input type="checkbox"/> No	Weight:	%:
MD/RNP Signature:	PPD MANTOUX	Date Given:	Date Read: Impression: <input type="checkbox"/> Positive <input type="checkbox"/> Negative

HEARING TEST	Type of Test:	VISION TEST	Type of Test:
Date of test:	Date of Retest:	Date of Test:	Date of Retest:
	Pass Fail	Right	Right
Right		Left	Left
Left		Both: ____/____	Both: ____/____

Blood Pressure:	Hgb/Hct:	Urine Dipstick:	Lead:
-----------------	----------	-----------------	-------

EXAM	Norm	Abn		Norm	Abn	Please describe abnormal findings, recommendations, or need for medications:
Skin			Lungs			
Head			Heart			
Neck			Back			
Lymph			Abdomen			
Eyes			Genitalia			
Ears			Neurologic			
Nose			Extremities			
Mouth			Motor			
Teeth			Psych			
Throat			Speech			
Chest						

IMMUNIZATIONS	1 st date	2 nd	3 rd	4 th	5 th	Child is physically and emotionally able to participate in all preschool activities Yes No Comments:
Polio						
DTaP						
MMR						
HIB						
HepB						
Varicella						
Pneumococcal						
HepA						

**PASADENA UNIFIED SCHOOL DISTRICT
CHILD DEVELOPMENT DEPARTMENT
HEALTH PROGRAMS**

Physical Examination Letter

School _____

Date _____

Dear Parents/Guardians:

According to our school records, your child _____
has not completed the required physical examination for entrance into the Early
Childhood Program. If this requirement is not completed in 30 days, it will result in your
child being dropped from the program.

Please bring documentation to the health office to verify that your child has received a
physical examination. Thank you.

Sincerely,

Nurse/Nurse Practitioner
Early Childhood Program

Carta para Exámen Físico

Escuela _____

Fecha _____

Estimados Padres/Tutores:

De acuerdo con nuestros archivos, su niño/a _____
no a completado el requisito de exámen físico para entrar al programa pre-escolar. Este
requisito debe de estar completo en 30 dias. Se suspendera al niño/a del programa si no
entrega un comprobante del exámen.

Favor de entregar el comprobante a la oficina de la enfermera para verificar que ya le
hicieron un exámen físico a su niño/a. Gracias.

Sinceramente,

Enfermera/Enfermera Especialista
Programa Pre-escolar

PASADENA UNIFIED SCHOOL DISTRICT
Office of Child Development/Health Programs
Early Childhood Program

Dear Parents:

According to a review of your child's health and immunization records, your child needs to complete the following requirements before he/she may begin school:

DTP/DTaP _____

Mantoux/TB Skin Test _____

Polio _____

Hepatitis B _____

MMR _____
(Measles, Mumps, Rubella)

HIB _____

Physical Examination _____

Unless proof of adequate health clearance is presented, your child will not be admitted to the program. If you need assistance to complete these requirements, please contact your health provider or the Early Childhood Program nurse. Thank You.

Sincerely,

Nurse/Nurse Practitioner

DISTRITO ESCOLAR UNIFICADO DE PASADENA
Oficina del Desarrollo de Niños/Programas de Salud
Programa Preescolar

Estimados Padres:

De acuerdo con la revisión de los archivos de salud de su niño, encontramos que el niño necesita las vacunas necesarias para poder asistir a la escuela. Es necesario llenar todos los requisitos de vacunación antes de que su niño pueda comenzar en el programa.

DTP/DTaP _____

Mantoux/TB Skin Test _____

Polio _____

Hepatitis B _____

MMR _____
(Sarampión, Paperas, Rubeola)

HIB _____

Exámen Físico _____

Su niño no será admitido en el programa, hasta que muestre los comprobantes necesarios de admisión. Si necesita asistencia para llenar los requisitos de vacunación, favor de comunicarse con su proveedor de salud o con la enfermera del Programa Pre-escolar.
Gracias

Sinceramente,

Enfermera/Enfermera Profesional



PASADENA UNIFIED SCHOOL DISTRICT
EDUCATION CENTER • HEALTH PROGRAMS

Date _____ School _____

Dear Parent/Guardian:

Our records indicate that your child, _____,
does not meet California State law for immunizations for kindergarten entry. Your child
will need to complete the following:

DTP/DTaP _____

Polio _____

Hepatitis B _____

MMR _____ 2 doses required for K

Varicella _____

Mantoux/TB Risk Screening _____ (TB screen must have been
given within one year prior to entering kindergarten)

Physical Exam needed _____

Your child will not be allowed to attend kindergarten in September unless proof of
adequate immunizations is presented. Please contact your school nurse if you have any
questions. Thank you!

Ann Rector
Director of Health Programs

Sincerely,

Early Childhood Program
Nurse/Nurse Practitioners



PASADENA UNIFIED SCHOOL DISTRICT
EDUCATION CENTER • HEALTH PROGRAMS

Estimado Padre/Tutor:

Nuestros registros indican que su niño/a, _____,
no satisface la ley de vacunación de California. Su niño/a necesita completar lo
siguiente:

DTP/DTaP _____
Polio _____
Hepatitis B _____
MMR _____ Se requieren 2 dosis para Kinder
Varicela _____

Cuestionario de evaluación de riesgo de tuberculosis pediátrica _____ (La
prueba de TB debe haberse dado dentro de un año antes de entrar al
Kindergarten)

Examen físico necesario _____

Su niño/a no será matriculado en el kindergarten en septiembre al menos que se presenten
prueba de vacunación adecuada. Si tiene preguntas, por favor comuníquese con la
enfermera de su escuela. Gracias!

APROBADO:

Atentamente,

Ann Rector

Directora de los
Programas de Salud

Programa de Párvulos
Enfermera/Enfermeras
Profesionales

**PASADENA UNIFIED SCHOOL DISTRICT
OFFICE OF CHILD DEVELOPMENT**

EXCLUSION NOTICE

Date _____

Dear Parent:

_____ has been sent home from school

because of _____

and may return to school _____

Sincerely,

Name and Title

OFFICE OF CHILD DEVELOPMENT

PERMISSION TO RETURN TO SCHOOL

INFORMATION MUST BE COMPLETED BY A HEALTH CARE PROVIDER IN
FULL BEFORE CHILD IS READMITTED INTO SCHOOL

_____ was seen on _____

He/She may return to school on _____. It is advised

that he/she may return to Full Activity Limited Activity until _____
Date

Diagnosis: _____

Treatment: _____

Signature of Health Care Provider

**DISTRITO ESCOLAR UNIFICADO DE PASADENA
OFICINA DEL DESARROLLO DE NIÑOS**

AVISO DE EXCLUSION

Fecha _____

Estimados Padres:

Se ha enviado a casa a _____

porque _____

y puede regresar a la escuela _____

Atentamente,

Nombre y Titulo

OFICINA DEL DESARROLLO DE NIÑOS

PERMISO PARA REGRESAR A LA ESCUELA

UN PROVEEDOR DE CUIDADO MEDICO NESECESITA COMPLETAR TODA LA
INFORMACION ANTES DE QUE EL NIÑO SEA READMITIDO EN LA ESCUELA

_____ was seen on _____

He/She may return to school on _____. It is advised

that he/she may return to Full Activity Limited Activity until _____
Date

Diagnosis: _____

Treatment: _____

Signature of Health Care Provider

PARENTS' GUIDE TO IMMUNIZATIONS REQUIRED FOR CHILD CARE OR PRESCHOOL



Requirements by Age at Entry and Later (Follow-up is required at every age checkpoint after entry.)

Vaccine	2–3 Months	4–5 Months	6–14 Months	15–17 Months	18 Months–5 Years
Polio (OPV or IPV)	1 dose	2 doses	2 doses	3 doses	3 doses
Diphtheria, Tetanus, and Pertussis (DTaP or DTP)	1 dose	2 doses	3 doses	3 doses	4 doses
Measles, Mumps, and Rubella (MMR)				1 dose on or after the 1st birthday	1 dose on or after the 1st birthday
Hib	1 dose	2 doses	2 doses	1 dose on or after the 1st birthday	1 dose on or after the 1st birthday (only required for children less than 4 years, 6 months.)
Hepatitis B (Hep B or HBV)	1 dose	2 doses	2 doses	2 doses	3 doses
Varicella (chickenpox, VAR or VZV)					1 dose

WHY YOUR CHILD NEEDS SHOTS:

The California School Immunization Law requires that children be up-to-date on their immunizations (shots) to attend a child care, day nursery, nursery school, family day care home, or development center.

Diseases like measles spread quickly, so children need to be protected before they enter. Staff will check your child's Immunization Records before they start and later, at ages listed above.

THE LAW:

Health and Safety Code, Division 105, Part 2, Chapter 1, Sections 120325-120380; California Code of Regulations, Title 17, Division 1, Chapter 4, Subchapter 8, Sections 6000-6075

WHAT YOU WILL NEED FOR ADMISSION:

To attend a child-care facility, your child's Immunization Record must show the date for each required shot above. If you do not have an Immunization Record, or your child has not received all required shots, call your doctor now for an appointment.

If a licensed physician determines a vaccine should not be given to your child because of medical reasons, submit a written statement from the physician for a **medical exemption** for the missing shot(s), including the duration of the medical exemption.

A personal beliefs exemption is no longer an option for entry into child care; however a valid personal beliefs exemption filed with a child-care facility before January 1, 2016 is valid until entry into the next grade span (transitional kindergarten through 6th grade) and may be transferred between child-care facilities in California. For complete details, visit ShotsforSchool.org.

You must also submit an immunization record for all required shots not exempted.

Questions? Visit ShotsForSchool.org or contact your local health department

PASADENA UNIFIED SCHOOL DISTRICT
HEALTH PROGRAMS

INFANT/TODDLER ASTHMA ACTION PLAN

Name _____ Birthdate _____
Infant-Toddler Site _____
Parent or Guardian _____
Address _____ Phone _____
Mother's school/work Phone _____ Father's school/work Phone _____
Other emergency number _____
Physician _____ Phone _____

CHILD'S KNOWN TRIGGERS

Colds and Infections _____
Weather _____
Smoke _____
Exercise _____
Exposure to allergens or pollutants _____

WARNING SIGNS OF ASTHMA EPISODE

Persistent Cough _____
Stuffy, Runny Nose _____
Watery Eyes _____
Decreased Activity _____
Increased Breathing Rate _____

SIGNS TO SEEK EMERGENCY CARE CALL 911

Breathing rate increases to 40 breaths per minute
Sucking or feeding stops
Skin between infants ribs is pulled tight
Chest gets bigger
Color changes: pale or red face, fingernails and or lips turn blue or gray
Changes in cry-becomes softer and shorter
Nostrils open wide-flaring
Grunting

TO BE COMPLETED BY THE PHYSICIAN

Current Medications

Name	Dosage	Time	How often can be repeated
1. _____			
2. _____			
3. _____			

STEPS TO BE TAKEN FOR AN ACUTE ASTHMA EPISODE

Improvement--How soon? _____
If no improvement, action to be taken _____

Parent/Guardian Signature _____ Date _____
Physician Signature _____ Date _____

**DISTRITO ESCOLAR UNIFICADO DE PASADENA
PROGRAMAS DE SALUD**

PLAN DE ACCION PARA EL ASMA

Nombre _____ Fecha de Nacimiento _____
Plantel del Infante-Pequeño _____
Padre o Tutor _____
Domicilio _____ No. de Teléfono _____
Tel. de la Madre, escuela/trabajo _____ Tel. del Padre, escuela/trabajo _____
Otro número de emergencia _____
Médico _____ No. de Teléfono _____

LO QUE SE SABE QUE PROVOCA LA ENFERMEDAD DEL NIÑO

Resfríos e Infecciones _____
Clima _____
Humo _____
Ejercicio _____
Expuesto a alérgenos o contaminantes _____

SEÑALES DE ADVERTENCIA DE UN ATAQUE DE ASMA

Tos persistente _____
Le corre la nariz, congestionada _____
Ojos lagrimosos _____
Disminuye la Actividad _____
Respiración más alterada _____

SEÑALES PARA PEDIR CUIDADO DE EMERGENCIA LLAME AL 911

La respiración se altera a 40 aspiraciones por minuto
Deja de mamar o de comer
La piel entre las costillas de los infantes se restira
El pecho se agranda
El color cambia: cara pálida o enrojecida, las uñas y los labios se le ponen morados o grises
El llanto cambia y se hace más débil y corto
Las fosas nasales se dilatan
Roncando (sonidos guturales)

TO BE COMPLETED BY THE PHYSICIAN - PARA QUE LO COMPLETE EL MÉDICO

Current Medications - Medicinas actuales

Name - Nombre	Dosage - Dosis	Time - Hora	How often can be repeated
1. _____	_____	_____	_____
2. _____	_____	_____	_____
3. _____	_____	_____	_____

STEPS TO BE TAKEN FOR AN ACUTE ASTHMA EPISODE - QUE SE DEBE HACER EN CASO DE UN ATAQUE DE ASMA

Improvement--How soon? - Mejoramiento--¿Qué tan rápido? _____
If no improvement, action to be taken - Si no se mejora, lo que hay que hacer _____

Firma del Padre /Tutor _____ Fecha _____

Physician Signature _____ Date _____