

**Table of Contents**  
**Section VIII - Screening Programs**

VIII. Screening Programs

A. Dental Health

1. Dental Screening Guidelines .....	1
2. Dental Screening Procedures .....	2
3. Parent Letter/USC Dental Van .....	3
4. Dental Screening Class List.....	5
5. Dental Screening Examination .....	6
6. Report of Dental Screening .....	8
7. Dental Referral List .....	9
8. Orthodontic Referral List.....	13
9. First Grade Dental Health Program .....	14
10. Lesson Outline .....	15

B. Hearing Screening

1. Guidelines/Procedure .....	17
2. Hearing/Vision Inventory Worksheet .....	19
3. Threshold Form .....	20
4. Parent Referral Form .....	21
5. Second Reminder .....	23
6. Hearing Referral List.....	25
7. Teacher Referral.....	26
8. Annual Report Form.....	27

C. Vision Screening

1. Guidelines .....	29
2. Screening Procedures .....	31
3. Hearing/Vision Inventory Worksheet .....	33
4. Teacher Referral Request .....	34
5. Report of Vision Screening .....	35
6. Report of Color Vision Screening.....	37

## Table of Contents (cont'd)

7. Request for Vision/Glasses Information .....	39
8. Vision Referrals.....	41
9. VSVH .....	43
10. VSVH Referral Form .....	45
11. Ophthalmologists Who Accept VSVH .....	46
12. Vision Annual Report.....	47
<b>D. Scoliosis Screening</b>	
1. Guidelines and Procedures .....	48
2. Parent Letter .....	49
3. Referral Letter .....	51
4. Referral List .....	53
5. Clinic Appointment .....	54
6. Worksheet.....	56
7. Annual Report Information.....	57
8. Annual Report Statistics .....	59

**PASADENA UNIFIED SCHOOL DISTRICT  
HEALTH PROGRAMS**

**DENTAL SCREENING GUIDELINES**

These guidelines, based in large part on similar guidelines developed by the California Dental Association, were written to answer basic questions about dental screening programs. They are recommended for use by dentists and others who wish to participate in screenings as part of the Children's Dental Disease Prevention Program (DDPP).

Objectives

- To facilitate early detection and treatment of dental disease.
- To reduce the incidence and impact of dental disease.
- To make parents aware of their children's dental problems.
- To increase the dental awareness of the public.
- To encourage the establishment of effective dental health practices early in life, including regular professional care.
- To promote a positive image of dental health professionals.

DENTAL HEALTH EVALUATION

A dental health education program will be given yearly to all first grade classes.

If another organization is presenting a dental program i.e. Young & Healthy, the nurse will work in conjunction with them to perform dental assessment as needed.

Community dental clinics may be offered for eligible students during the school year. Nurses may screen for referrals as time permits.

**PASADENA UNIFIED SCHOOL DISTRICT  
HEALTH PROGRAMS**

**DENTAL SCREENING PROCEDURE**

Procedure:

1. Pupils in grades K-5 may be screened for dental disease (Health and Safety Code No. 361)
2. A written referral will be sent to parents of pupils requiring dental care
3. Assist parents when indicated

Equipment Needed:

1. Tongue blade/applicators
2. Flashlight
3. Forms required:
  - a. A dental screening list
  - b. Dental referral forms
  - c. Health Record

Screening Procedures:

1. If screening is done by other than a district school nurse, a parent notification letter must be sent home prior to screening (sample attached.)
2. Arrange a convenient time and place to screen with the teacher. Screening may be done in the classroom or the Health Office.
3. Examine the mouth for the following problems/abnormalities:
  - a. Obvious caries
  - b. Abscesses (inflamed, swollen areas at the gum line)
  - c. Extra teeth
  - d. Malocclusion
  - e. Teeth which obviously need a professional cleaning
4. Send the dental referral form home with findings
5. Note findings on health record. Indicate if teeth have been repaired or are in the process of dental attention (i.e., fillings, orthodontia, etc.)
6. Follow-up as necessary



PASADENA UNIFIED SCHOOL DISTRICT  
EDUCATION CENTER • HEALTH PROGRAMS

\_\_\_\_\_  
Date

Dear Parent/Guardian:

Dental screenings will be provided at your child's school by a volunteer dentist during the month of \_\_\_\_\_.

The children with severe dental problems who have no dental insurance will be referred to the USC Dental Van during the week of \_\_\_\_\_. This service is free and available through Young and Healthy for Pasadena Unified School District students.

If you do not wish to have your child screened, please indicate this in writing to the school principal immediately.

Sincerely,

Ann Rector  
Director of Health Programs



PASADENA UNIFIED SCHOOL DISTRICT  
EDUCATION CENTER • HEALTH PROGRAMS

\_\_\_\_\_  
Fecha

Estimado Padre/Tutor:

Un dentista voluntario le dará exámenes dentales a su niño, en la escuela, durante el mes de\_\_\_\_\_.

Los niños con problemas dentales severos, quienes no tengan seguro dental, serán recomendados a la Unidad Ambulante Dental de la USC durante la semana del

\_\_\_\_\_.

Si no desea que su niño sea examinado, por favor indíquese lo inmediatamente por escrito al director/a de la escuela.

Cordialmente,

Ann Rector  
La Directora de los Programas de Salud



**PASADENA UNIFIED SCHOOL DISTRICT  
HEALTH PROGRAMS**

**REPORT OF DENTAL SCREENING EXAMINATION**

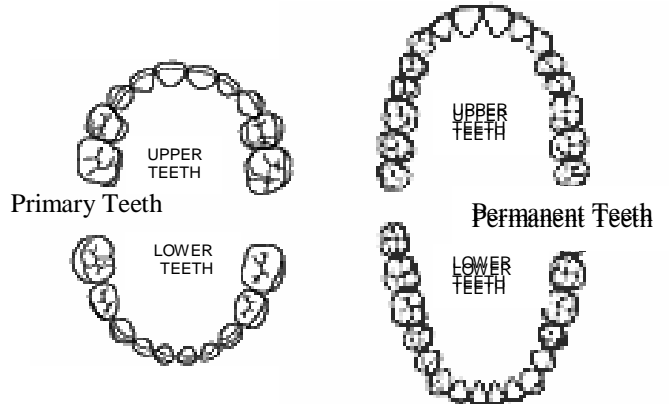
SCHOOL \_\_\_\_\_ Date of Screening \_\_\_\_\_

Name \_\_\_\_\_ I.D. # \_\_\_\_\_ Birthdate \_\_\_\_\_

Address \_\_\_\_\_ Telephone \_\_\_\_\_

Grade/Teacher \_\_\_\_\_

- \_\_\_\_\_ 1. One or more teeth with cavities.
- \_\_\_\_\_ 2. Crooked or irregular teeth or faulty bite.
- \_\_\_\_\_ 3. Teeth need professional cleaning.



THE SCREENING EXAMINATION RATES THE PRIORITY OF DENTAL CARE AT THIS TIME TO BE:

- \_\_\_\_\_ A. Urgent (Child should be seen by dentist as soon as possible.)
- \_\_\_\_\_ B. Routine (Child should be seen by dentist within six months.)

**\* Call your school nurse for dental referrals.**

SPECIAL COMMENTS \_\_\_\_\_

School Nurse: \_\_\_\_\_ Date \_\_\_\_\_

Phone Number: \_\_\_\_\_

To be completed by the DENTIST:

The following dental work was completed:

- 1. Cleaning and prophylaxis
- 2. Cavities repaired
- 3. Child under treatment for dental problems

Please sign and return this form to the Nurse at:  
(Please stamp School Address here)

Signature \_\_\_\_\_ D.D.S.

Please print name \_\_\_\_\_

Address \_\_\_\_\_

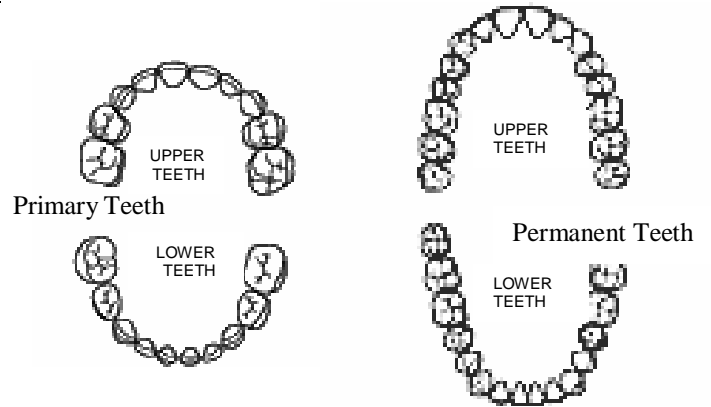


**DISTRITO ESCOLAR UNIFICADO DE PASADENA  
PROGRAMAS DE SALUD**

**REPORTE DEL EXAMEN DE OBSERVACION DENTAL**

ESCUELA \_\_\_\_\_ Fecha de Observacion \_\_\_\_\_  
Nombre \_\_\_\_\_ I.D. # \_\_\_\_\_ Fecha de nacimiento \_\_\_\_\_  
Domicilio \_\_\_\_\_ Telefono \_\_\_\_\_  
Grado/Maestro \_\_\_\_\_

- \_\_\_\_\_ 1. Uno o mas dientes tienen caries.
- \_\_\_\_\_ 2. Dientes torcidos o irregulares o masticar defectuoso.
- \_\_\_\_\_ 3. Los dientes necesitan limpieza profesional.



EL EXAMEN DE OBSERVACION INDICA QUE LA PRIORIDAD DEL CUIDADO DENTAL EN ESTE TIEMPO ES:

- \_\_\_\_\_ A. Urgente (El niño debe de ver a un dentista tan pronto como sea posible.)
- \_\_\_\_\_ B. Rutina (El niño debe de ver a un dentista dentro de seis meses.)

**\*Para referencias dentales llame a su enfermera escolar.**

COMENTARIOS ESPECIALES \_\_\_\_\_

Enfermera Escolar: \_\_\_\_\_ Fecha \_\_\_\_\_

To be completed by the DENTIST:

The following dental work was completed:

- 1. Cleaning and prophylaxis
- 2. Cavities repaired
- 3. Child under treatment for dental problems

Please sign and return this form to the Nurse at:  
(Please stamp School Address here)

Signature \_\_\_\_\_ D.D.S.

Please print name \_\_\_\_\_

Address \_\_\_\_\_

**PASADENA UNIFIED SCHOOL DISTRICT  
HEALTH PROGRAMS**

**REPORT OF DENTAL SCREENING**

Student: \_\_\_\_\_ ID # \_\_\_\_\_ DOB \_\_\_\_\_ Grade/Teacher \_\_\_\_\_

School Nurse \_\_\_\_\_ School \_\_\_\_\_ Date \_\_\_\_\_

Primary Teeth

<b>Upper Teeth</b>	<b>Erupt</b>	<b>Shed</b>
Central Incisor	8-12 mos.	6-7 yrs.
Lateral Incisor	9-13 mos.	7-8 yrs.
Canine (Cuspid)	16-22 mos.	10-12 yrs.
First Molar	13-19 mos.	9-11 yrs.
Second Molar	25-33 mos.	10-12 yrs.

<b>Lower Teeth</b>	<b>Erupt</b>	<b>Shed</b>
Second Molar	23-31 mos.	10-12 yrs.
First Molar	14-18 mos.	9-11 yrs.
Canine (Cuspid)	17-23 mos.	9-12 yrs.
Lateral incisor	10-16 mos.	7-8 yrs.
Central incisor	6-10 mos.	6-7 yrs.

Permanent Teeth

<b>Upper Teeth</b>	<b>Erupt</b>
Central Incisor	7-8 yrs
Lateral Incisor	8-9 yrs
Canine (Cuspid)	11-12 yrs
First Premolar (First Bicuspid)	10-11 yrs
Second Premolar (Second Bicuspid)	10-12 yrs
First Molar	6-7 yrs
Second Molar	12-13 yrs
Third Molar (Wisdom Tooth)	17-21 yrs

<b>Lower Teeth</b>	
Third Molar (Wisdom Tooth)	17-21 yrs
Second Molar	12-13 yrs
First Molar	6-7 yrs
Second Premolar (Second Bicuspid)	10-12 yrs
First Premolar (First Bicuspid)	10-11 yrs
Canine (Cuspid)	11-12 yrs
Lateral Incisor	8-9 yrs
Central Incisor	7-8 yrs

\_\_\_\_\_ Dental Education Given

Symptoms/Comments \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

**Dental Providers Who Accept Denti-Cal or Medi-Cal**

*Proveedores de dentales que acepta Denti-Cal o Medi-Cal*

**91101**

**Maria Cabalinan, D.D.S.**  
668 N. Los Robles Avenue  
Pasadena, CA 91101  
(626) 405-9090  
Languages Spoken: Spanish, Tagalog

**Century Dental Centers**  
115 S. Los Robles Avenue  
Pasadena, CA 91101  
(626) 795-8628  
Languages Spoken: Spanish and Mandarin

**Dental Plus**  
310 S. Lake Avenue  
Pasadena, CA 91101  
(626) 795-6855  
Languages Spoken: Spanish, Armenian, Tagalog, Farsi, Burmese, Mandarin, Vietnamese, Hungarian, Arabic, French

**Newport Dental**  
81 N. Lake Avenue  
Pasadena, CA 91101  
(626) 440-0240  
Languages Spoken: Spanish, Armenian, Chinese, & Tagalog

**Smart Dental Care**  
742 E. Colorado Blvd.  
Pasadena, CA 91101  
(626) 405-0707

**Lena Zerounian, D.D.S.**  
65 N. Madison Avenue, Suite 701  
Pasadena, CA 91101  
(626) 795-2900  
Languages Spoken: Spanish, Armenian, & Arabic

**91103**

**Altadena Dental Center**  
2036 Lincoln Avenue  
Pasadena, CA 91103  
(626) 797-6555  
Languages Spoken: Spanish, Russian, & Armenian

**Community Health Alliance of Pasadena (CHAP)-Fair Oaks Dental Clinic**  
1855 N. Fair Oaks Avenue  
G-Floor, Suite 100  
Pasadena, CA 91103  
(626) 398-5970  
Languages Spoken: Spanish & Tagalog

**91104**

**Allen and Washington Dental Office**  
1864 E. Washington Blvd., Suite 102  
Pasadena, CA 91104  
(626) 791-7474

**Raffi Malkounian, D.D.S.**  
1330 Sinaloa Avenue, Suite 201  
Pasadena, CA 91104  
(626) 794-0620  
Languages Spoken: Arabic, Hungarian, & Russian

**Vicki Wang, D.D.S.**  
1282 N. Lake Avenue  
Pasadena, CA 91104  
(626) 797-3451  
Languages Spoken: Spanish & Korean

**91105**

**Reynaldo Barbon, D.D.S.**  
109 W. California Blvd.  
Pasadena, CA 91105  
(626) 844-7778  
Languages Spoken: Spanish & Tagalog

**Altina Karimyan, D.D.S.**  
800 Fairmont Avenue, Suite 100  
Pasadena, CA 91105  
(626) 304-3004  
Languages Spoken: Spanish

**91106**

**Pacita Franco, D.D.S.**  
324 N. Allen Avenue  
Pasadena, CA 91106  
(626) 795-6566  
Languages Spoken: Tagalog

**Karen Guinn, D.D.S.**  
1175 E. Green Street  
Pasadena, CA 91106  
(626) 578-1687  
Languages Spoken: Spanish

**Kids Dental Care**  
1127 E. Green Street  
Pasadena, CA 91106  
(626) 389-2570  
Languages Spoken: Spanish

**Walnut Hill Dental Group**  
181 N. Hill Avenue  
Pasadena, CA 91106  
(626) 796-0313  
Languages Spoken: Spanish, Armenian, Russian, & Tagalog

**91107**

**Kim Hong, D.D.S.**  
2379 E. Colorado Blvd.  
Pasadena, CA 91107  
(626) 584-7017  
Languages Spoken: Spanish & Korean

**Washington Dental Group**  
2554 E. Washington Blvd.  
Pasadena, CA 91107  
(626) 296-0056  
Languages Spoken: Spanish

**Los Angeles County**

**Pediatric & Family Medical Center**  
1530 S. Olive Street  
Los Angeles, CA 90015  
(213) 747-5542  
Languages Spoken: Spanish

**Further Information**

**Dental Society** - (626) 285-1174  
**Medi-Cal** - 1(800) 322-6384  
**PCC Dental Clinic** - (626) 585-7241

## Orthodontic Clinics

### **Eisner Pediatric & Family Center**

The Eisner Pediatric & Family Medical Center provides **orthodontic services** for our young patients during one week of the month.

As your children grow older and develop more teeth, the dentist will begin taking x-rays during their six-month visits. This allows her to see changes even before they appear above the gum level.

During checkups, the dentist will:

- Examine your child's bite by looking at how evenly the top and bottom teeth fit when the mouth is closed
- Recommend braces when they're needed to straighten teeth, fix gaps between the teeth, or make your child's bite even

In children, braces often are recommended to guide proper jaw growth. Hopefully, the result is that the child's permanent teeth come in straight.

### **Orthodontics for Cleft Lip & Palate Repair**

Every month, for three days, EPFMC's Dental Clinic patients receive the services of orthodontist Juliana Panchura, DMD, and her team. Dr. Panchura flies in from Oregon each month to perform orthodontic care for patients who have had cleft lip or palate reconstructive surgery. We're the only clinic in the area that offers this service.

About 200 EPFMC patients are under Dr. Panchura's care, and there is a waiting list of others who want to see her. If you or child needs these services, the state pays for them for patients up to the age of 21.

1530 S. Olive St.  
Los Angeles, CA 90015  
(213) 747-5542  
Bilingual English/Spanish

### **USC School of Dentistry 925**

W. 34th St., Room 318 Los  
Angeles, CA 90089  
(213) 740-0406          George or Glenda  
Bilingual English/Spanish  
Work done by dentist serving residency & instructor  
Age:    Children & adults  
Fee:    Insurance & family plan (Will not accept Medi-Cal or HMO)  
         \$2,800-3,500 Includes retainers & 2yrs of check-ups Extractions,  
         fillings, oral surgery, and specialty referrals extra  
         \$10 Screening available - will be given 2 options for care. Then talk to financial screeners. Credit  
         check run. Relative can co-sign.

**PASADENA UNIFIED SCHOOL DISTRICT  
HEALTH PROGRAMS**

**FIRST GRADE DENTAL HEALTH PROGRAM**

**GOAL:**

To assist in learning how to keep their teeth healthy

**OBJECTIVES:**

The student will be able to:

1. List the parts of the tooth
2. Demonstrate proper tooth-brushing technique
3. List 4 ways to keep teeth healthy
4. Demonstrate an understanding of tooth safety

**MATERIALS:**

1. Video - "Tooth Brushing With Charlie Brown" (5 minutes), "The Sparkles' Space Adventure" (8 minutes), "Haunted Mouth" (13 minutes), or other approved video.
2. Toothbrushes or other materials (see below)
3. Dental model and large toothbrush (check out)

**RESOURCES:**

1. Colgate Bright Smiles Program
2. PREPARATION:
  - a. Make arrangements to pick up materials at the Ed. Center
  - b. Schedule classes with first grade teachers
  - c. Notify principal of class schedule

\*Please request these samples directly from Colgate:

<http://www.colgate.com/en/us/oc/bright-smiles-bright-futures/program-materials/for-teachers>

**PASADENA UNIFIED SCHOOL DISTRICT  
HEALTH PROGRAMS**

**OUTLINE OF LESSON PLAN**

**I. PARTS OF A TOOTH**

- A. ENAMEL - covers crown of tooth, the part you see above gum line. Hardest substance in the body.
- B. DENTAL PULP - soft tissue in the middle of the tooth. Contains blood vessels and nerves.
- C. DENTIN - forms the body of the tooth--hard tissue.
- D. CEMENTUM - tissue which covers the root and holds the tooth in place--hard substance.
- E. GUM TISSUE - Helps anchor teeth to bones of jaw - healthy gums are pink in color.

**II. TOOTH DECAY**

A. How cavities start:

- 1. Plaque - invisible film constantly forming on teeth
- 2. Sugar - from the foods we eat
- 3. Acid - formed from the combination of sugars and plaque will attack teeth dissolving tooth enamel

**III. KEEPING TEETH HEALTHY**

A. Good diet

- 1. Good foods
- 2. Bad foods
- 3. Role of sugar

B. Brushing

- 1. Frequency
- 2. Technique
- 3. Toothpaste and the role of flouride
- 4. Type of toothbrush - soft with round bristles
- 5. What to do when you don't have a brush
  - a. Swish and swallow
  - b. Finish meal with fruit or vegetable

C. Flossing

1. Technique
2. Frequency

D. Dentist

1. Frequency
2. What happens at the dentist
  - a. X-rays
  - b. Cleaning
  - c. Fluoride
  - d. Filling if necessary

IV. TOOTH SAFETY

A. Drinking fountain safety

B. Sucking thumb

C. Mouth Injuries

## HEARING SCREENING GUIDELINES

A. SCREENING: (CEC. Title 17, Public Health Section 2951 and CEC 49455)  
The school nurse shall conduct puretone audiometric screening on all pupils who are:

1. New to the district
2. Enrolled in special education
3. Referred by the classroom teacher
4. Known to have a hearing deficit from previous testing
5. Enrolled in K or 1<sup>st</sup>, 2<sup>nd</sup>, 5<sup>th</sup>, 8<sup>th</sup> grades

B. PROCEDURE:

1. Arrange with specific teachers and administrators for time, date, and place screening will occur. **DO THIS AS EARLY IN THE SCHOOL YEAR AS POSSIBLE.**
2. Obtain class rosters for recording purposes.
3. Set up audiometer in as quiet a spot as possible. Check equipment to ensure proper functioning each day it is used.
4. Place earphones on child, be sure the RED earphone is on the right ear and the BLUE is on the left.
5. Child should not be able to see the face of the audiometer or your hand movements.
6. Administer a sweep-check screening test.

Screening is done at the frequencies 1000, 2000, and 4000 Hz at a hearing level of 25 decibels.

Set the frequency selector dial at 1000 Hz and the hearing level dial at 50 dB. Present the tone one or two times at 50 dB to orient the child and assure a response to the correct signal. Once you have received the response (hand raised) reset hearing level dial at the 25 dB setting for the remainder of the screening test. Make sure that you do not fall into rhythmical patterns when operating the interrupter switch. Complete the sweep screening test in the following manner:

- a. Test the right ear at 1000, 2000, and 4000 Hz
- b. Switch the tone to the left ear leaving the frequency selector at 4000 Hz
- c. Test the left ear at 4000, 2000, and 1000 Hz
- d. Record the results and dismiss the child

If the child fails to hear any tone at 25 dB, immediately perform the first \*threshold\* test at the failed frequencies only. However, it is not advisable to do thresholds during mass screening. Parents may be contacted at any time to discuss testing results.

\*Thresholds may be done by certificated audiometrists only.



7. Administer a second threshold test at an interval of two to six weeks, to those children who fail the first threshold test.
8. See “Manual for School Audiometrist” for Threshold Procedure.

#### C. REFERRAL CRITERIA

A child is considered to have “failed” the threshold test and is referred for a medical/audiological examination if either or both of the following criteria are met:

1. A hearing level of 30 decibels or greater for two or more frequencies in the ear at, 500, 1000, 2000, and 4000 Hz, or a hearing level of 40 decibels or greater for any one of the frequencies tested, 500 through 4000 Hz, on two threshold tests completed at an interval of at least two weeks and no more than six weeks; or
2. There is evidence of pathology, e.g., an infection of the outer ear, chronic drainage or a chronic earache.

#### D. RECORDING

1. Transfer all results to health record of each child. Indicate on health record when a referral was made and follow-up. Notation should be made on the health record of the hearing status of each child who is referred for medical evaluation.
2. Complete LEA Medi-Cal billing forms. Copies need to be stored in health office for 3 years.
3. Each school shall prepare an annual report of the school hearing program using “*Annual Report of Hearing Testing*” forms (PM 100). Form is provided by the State Department of Health Services with copies to the District Superintendent and the County Superintendent of Schools.
4. The nurse will inform classroom teacher of all hearing problems identified, encourage possible adjustments in the school program, and will document this discussion in the health record.

For reference: <http://www.dhcs.ca.gov/services/hcp/Documents/audmanschool.pdf>



**PASADENA UNIFIED SCHOOL DISTRICT  
HEALTH PROGRAMS**

**HEARING THRESHOLD TEST**

Student \_\_\_\_\_ ID# \_\_\_\_\_ DOB \_\_\_\_\_ Grade \_\_\_\_\_

School \_\_\_\_\_ Teacher \_\_\_\_\_ Nurse \_\_\_\_\_

Threshold #1      Date \_\_\_\_\_                      Threshold #2      Date \_\_\_\_\_

L		R	
_____	500	_____	_____
_____	1000	_____	_____
_____	2000	_____	_____
_____	4000	_____	_____

PASS                      REFER

(Circle One)

Known Problems \_\_\_\_\_

**PASADENA UNIFIED SCHOOL DISTRICT  
HEALTH PROGRAMS**

**HEARING THRESHOLD TEST**

Student \_\_\_\_\_ ID# \_\_\_\_\_ DOB \_\_\_\_\_ Grade \_\_\_\_\_

School \_\_\_\_\_ Teacher \_\_\_\_\_ Nurse \_\_\_\_\_

Threshold #1      Date \_\_\_\_\_                      Threshold #2      Date \_\_\_\_\_

L		R	
_____	500	_____	_____
_____	1000	_____	_____
_____	2000	_____	_____
_____	4000	_____	_____

PASS                      REFER

(Circle One)

Known Problems \_\_\_\_\_

**PASADENA UNIFIED SCHOOL DISTRICT  
HEALTH PROGRAMS**

**REPORT OF HEARING SCREENING**

TAKE THIS FORM TO YOUR HEALTH CARE PROVIDER

School \_\_\_\_\_ Date \_\_\_\_\_

Student \_\_\_\_\_ ID# \_\_\_\_\_ Grade/Teacher \_\_\_\_\_ DOB \_\_\_\_\_

Dear Parent/Guardian:

Your son/daughter did not pass a hearing test given on \_\_\_\_\_

We urge you to give this prompt attention. Please consult with your health care provider for an examination and recommendation regarding your child's hearing problem. A report of our findings may be helpful to the provider and is below. **THIS IS A SECOND TEST.**

	500 Hz	1000 Hz	2000 Hz	4000 Hz
<b>School R</b>				
<b>Findings L</b>				

If you need help locating a health care provider or require financial assistance, contact your school nurse.

School Nurse \_\_\_\_\_ Telephone \_\_\_\_\_

**PLEASE DON'T WRITE BELOW THIS LINE**

**RETURN TO SCHOOL NURSE**

RESULTS OF PROVIDER'S EXAMINATION

DATE OF EXAM \_\_\_\_\_

	500 Hz	1000 Hz	2000 Hz	4000 Hz
<b>Provider's R</b>				
<b>Findings L</b>				

DIAGNOSIS \_\_\_\_\_

RECOMMENDATIONS FOR SCHOOL \_\_\_\_\_

Child's Name: \_\_\_\_\_

Provider's Signature \_\_\_\_\_

Provider's Name (Print) \_\_\_\_\_

Provider's Address \_\_\_\_\_

Telephone \_\_\_\_\_

**DISTRITO ESCOLAR UNIFICADO DE PASADENA  
PROGRAMAS DE SALUD**

**REPORTE DE OBSERVACION DEL OIDO**

POR FAVOR LLEVE ESTA FORMA A SU MEDICO

Escuela \_\_\_\_\_ Maestro \_\_\_\_\_ Grado \_\_\_\_\_ Fecha \_\_\_\_\_

Alumno \_\_\_\_\_ ID# \_\_\_\_\_ Fecha de Nacimiento \_\_\_\_\_

Estimados Padres/Tutores:

Su hijo/a no pasó la prueba del oído que se le dió el \_\_\_\_\_

Le pedimos su atención inmediata. Por favor consulte con su médico para que le haga un examen y para que le dé una recomendación acerca del problema del oído de su niño. Puede ser que le ayude a su médico un reporte de nuestros descubrimientos y lo incluimos abajo. ESTE ES EL SEGUNDO EXAMEN

	500 Hz	1000 Hz	2000 Hz	4000 Hz
<b>Resultados R</b>				
<b>de la Escuela L</b>				

Si necesita ayuda para encontrar ayuda médica o ayuda financiera, por favor comuníquese con la enfermera de la escuela.

Enfermera de la Escuela \_\_\_\_\_ Teléfono \_\_\_\_\_

**NO ESCRIBA DEBAJO DE ESTA LINEA  
RETURN TO SCHOOL NURSE**

RESULTS OF PROVIDER'S EXAMINATION

DATE OF EXAM \_\_\_\_\_

	500 Hz	1000 Hz	2000 Hz	4000 Hz
<b>Provider's R</b>				
<b>Findings L</b>				

DIAGNOSIS \_\_\_\_\_

RECOMMENDATIONS FOR SCHOOL \_\_\_\_\_

Child's Name: \_\_\_\_\_

Physician's Signature \_\_\_\_\_

Physician's Name (Print) \_\_\_\_\_ Telephone \_\_\_\_\_

Physician Address \_\_\_\_\_

**PASADENA UNIFIED SCHOOL DISTRICT  
HEALTH PROGRAMS**

**SECOND NOTICE HEARING REFERRAL**

School \_\_\_\_\_ Date \_\_\_\_\_

Dear Parent/Guardian:

Earlier this year we notified you that \_\_\_\_\_ did not pass a hearing test. We need to know if this student has received a medical evaluation. Please complete the following and return it to school before \_\_\_\_\_.

- A MEDICAL EVALUATION HAS BEEN DONE. WE WILL ASK THE HEALTHCARE PROVIDER TO SEND A REPORT FOR THE SCHOOL.
  
- THIS IS A PERMANENT LOSS. WE WILL PROVIDE A MEDICAL REPORT TO THE SCHOOL.
  
- WE HAVE AN APPOINTMENT SCHEDULED TO EVALUATE THE PROBLEM.  
Date \_\_\_\_\_
  
- OTHER \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Thank you,

\_\_\_\_\_  
School Nurse

\_\_\_\_\_  
Telephone

**DISTRITO ESCOLAR UNIFICADO DE PASADENA  
PROGRAMAS DE SALUD**

**SEGUNDO AVISO DE LA RECOMENDACION PARA EXAMEN DEL OIDO**

Escuela \_\_\_\_\_ Fecha \_\_\_\_\_

Estimado Padre/Tutor:

En los principios de este año les avisamos que \_\_\_\_\_ no había pasado el examen del oído. Necesitamos saber si su hijo/a ha recibido una evaluación médica. Por favor complete la forma siguiente y regrésela a la escuela antes del \_\_\_\_\_.

- D SE HA HECHO UNA EVALUACION MÉDICA. LE PEDIREMOS AL MÉDICO QUE ENVIE UN REPORTE A LA ESCUELA.
- D HA PERDIDO PERMANENTEMENTE EL OIDO. DAREMOS UN REPORTE MÉDICO A LA ESCUELA.
- D TENEMOS UNA CITA PARA EVALUAR EL PROBLEMA. Fecha \_\_\_\_\_
- D OTRO \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Gracias,

\_\_\_\_\_  
Enfermera de la Escuela

\_\_\_\_\_  
No. de Teléfono

## **HEARING REFERRAL LIST**

### **HEAR CENTER**

301 East Del Mar Boulevard Pasadena, CA 91101

(626) 796-2016 (Voice)

(626) 796-2320 (Fax)

Website: [www.hearcenter.org](http://www.hearcenter.org) E-mail: [info@hearcenter.org](mailto:info@hearcenter.org)

The HEAR Center was founded in 1954 to reduce the effects of deafness by early identification. They provide comprehensive audiological services (diagnostic hearing testing, comprehensive evaluations for hearing aid amplification, guidance in aural rehabilitation and the conservation of hearing) to children and adults and speech/language pathology services to children between ages 1 to 10 years.

### **HOUSE RESEARCH INSTITUTE (HRI)**

2100 West 3 rd Street Los Angeles, CA 90057

(800) 388-8612 (Voice-Toll Free)

(213) 483-4431 (Voice)

(213) 484-2642 (TTY/TDD) (213) 483-8789

(Fax) Website: [www.hei.org](http://www.hei.org) E-mail: [info@hei.org](mailto:info@hei.org)

The HRI is an organization dedicated to advancing hearing science through research and education to improve quality of life. They are also working to improve hearing aids and auditory implants, diagnostics, clinical treatments and intervention methods. Children's services are conducted through the Care Center Clinical Services Department. Services provided include: outpatient infant screening, diagnostic audiology, auditory rehabilitation, developmental psychological exams which determine eligibility for cochlear implants, speech and language evaluation and therapy and cochlear implant services.

### **YOUNG AND HEALTHY**

37 N. Holliston Ave.

Pasadena, CA 91106

(626) 795-5166

M-F 7:30-3:30 pm

### **PRIVATE PHYSICIANS**

Charles Battaglia, M.D. ENT

547 East Union St., Pasadena, CA 91101

Phone: 626-796-6164

Fax: 626-796-0883

Dr. Battaglia sees and treats all aspects of general otolaryngology including head and neck disease, both benign and cancerous, sinus disease, nasal congestion and obstruction, ear pain, hearing loss, nose bleeds, tonsillitis, hoarseness, dizziness, salivary gland disease, voice disorders, thyroid disorders, sleep apnea and ear infections. He treats children and adults of all ages.



**PASADENA UNIFIED SCHOOL DISTRICT  
HEALTH PROGRAMS  
TEACHER'S REFERRAL FOR A HEARING TEST**

REFERRAL FOR HEARING TEST:

School: \_\_\_\_\_

\_\_\_\_\_ is referred for a hearing test for the following reasons:

Child's Name

Please Check

- \_\_\_\_\_ 1. Substitution of sounds, such as t for k; s for z; k for sk; and ts for s.
- \_\_\_\_\_ 2. Omission of sounds - chiefly final consonants.
- \_\_\_\_\_ 3. Careless and inaccurate production of all sounds.
- \_\_\_\_\_ 4. Abnormally high-pitched voice.
- \_\_\_\_\_ 5. Very soft voice.
- \_\_\_\_\_ 6. Dull, monotonous voice.
- \_\_\_\_\_ 7. Harsh, rasping or metallic voice.
- \_\_\_\_\_ 8. Turning the head to catch sounds with the better ear.
- \_\_\_\_\_ 9. Frowning constantly.
- \_\_\_\_\_ 10. Straining or leaning forward to hear speaker.
- \_\_\_\_\_ 11. Eyes constantly in lips of speaker rather than looking at eyes.
- \_\_\_\_\_ 12. Cupping an ear to listen.
- \_\_\_\_\_ 13. Lacks interest in any activity which requires hearing ability.
- \_\_\_\_\_ 14. Listlessness, frequent inattention.
- \_\_\_\_\_ 15. Abnormally disturbed by loud noises.
- \_\_\_\_\_ 16. Mouth breathing.
- \_\_\_\_\_ 17. Severe illness or head injury since hearing was last tested.
- \_\_\_\_\_ 18. Draining ear.
- \_\_\_\_\_ 19. Extreme fatigue early in the day.
- \_\_\_\_\_ 20. Severe and continued respiratory infections.
- \_\_\_\_\_ 21. Earache (may notice cotton in ear)
- \_\_\_\_\_ 22. Lack of confidence.
- \_\_\_\_\_ 23. Extreme antisocial behavior.
- \_\_\_\_\_ 24. Extreme introversion.
- \_\_\_\_\_ 25. Frequent nervousness and irritation over minor details.
- \_\_\_\_\_ 26. Two or three behind age level in school.

Date \_\_\_\_\_ Referred by \_\_\_\_\_

Principal, teacher, parent, speech therapist,  
psychologist, nurse (please underline)

# ANNUAL REPORT OF HEARING TESTING

Reporting School Year \_\_\_\_\_

**REPORT DUE JUNE 30  
CURRENT SCHOOL YEAR**

CDS Code Number <table style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 50%; border-bottom: 1px solid black; text-align: center;">County</td> <td style="width: 50%; border-bottom: 1px solid black; text-align: center;">District</td> </tr> </table>	County	District	School District	County		
County	District					
Address (number and street)		City	ZIP Code	Office Telephone Number		
Supervisor of Health  Name: _____ Title: _____				Email Address		

GRADES IN DISTRICT (1)	Enter Number of Pupils Enrolled in EACH GRADE as of the October (CALPADS) Report (2)	INITIAL SCREENING	RESULTS	DISPOSITION AND FOLLOW-UP	
		Number of Pupils Screened Per Sec. 2951(c), CCR, Title 17 (3)	Number of Pupils Failed Both Threshold Tests Per Sec. 2951(d), CCR, Title 17 (4)	Number of Pupils Referred for Medical and/or Audiological Evaluation [From Col. (4)] (5)	Number of Pupils Examined by Doctor and/or Audiologist or Under Treatment (6)
K					
* or					
1					
2					
3					
4					
*5					
6					
7					
*8					
9					
10					
* or					
11					
12					

\* All pupils in these grades shall be tested annually (Section 2951(c), CCR, Title 17).

SPECIAL EDUCATION: (See instructions on reverse side of this form.)

**DISTRIBUTE A COPY BY ONE OF THE FOLLOWING:**

Mail to:  
California Department of Health Care Services  
Systems of Care Division  
Hearing Conservation Program  
MS 8103  
P.O. Box 997413  
Sacramento, CA 95899-7413  
Attention: Health Program Specialist

Fax: (916) 327-1106 OR  
Email:  
HearingConservationProgram@dhcs.ca.gov

**TESTING CONDUCTED**

- District School Nurse–Audiometrist, per Section 49420, CEC and Section 2950, CCR, Title 17.
- District School Audiometrist, per Section 44879, CEC.
- District Speech/Hearing Specialist, per Section 49454, CEC.

Testing was conducted by a private agency/individual authorized by the county superintendent, per Section 49452, CEC:

SEE OTHER SIDE FOR INSTRUCTIONS.

**INSTRUCTIONS FOR COMPLETING FORM PM 100  
ANNUAL REPORT OF HEARING TESTING**

A. Complete identifying information. Insert reporting school year. Your District's "CDS CODE NUMBER" can be obtained from the California Public School Directory; it designates your COUNTY and DISTRICT, i.e., 19-64212 is the Code Number for the ABC Unified Schools in Los Angeles County. The PERIOD COVERED will include the date the hearing testing was started and the date when *testing and follow-up* were completed.

B. COLUMN (1). **GRADES IN DISTRICT:** Please *check* box for the highest grade in your District.

COLUMN (2). **Number of Pupils ENROLLED in Each Grade:** Enter the number of pupils enrolled in *ALL GRADES* as of the October (R-30) report made to the California Department of Education.

COLUMN (3). **INITIAL SCREENING: Number of Pupils SCREENED:** Enter the number of pupils in each grade that were *screened* per Section 2951(c), California Code of Regulations (CCR), Title 17. (Figures for tests conducted in all grades SHALL be included.)

COLUMN (4). **Number of Pupils who FAILED BOTH THRESHOLD TESTS:** Enter number of pupils who failed BOTH THRESHOLD TESTS per Section 2951(d), CCR, Title 17.

COLUMN (5). **Number of Pupils REFERRED for Medical and/or Audiological Evaluation:** From column number (4), enter the number of pupils who were referred per Section 2951(d), CCR, Title 17.

COLUMN (6). **Number of Pupils EXAMINED by Doctor and/or Audiologist or Under Treatment:** From column number (5), enter the number of pupils who reached the doctor and/or audiologist, were examined, or who are known to be receiving treatment.

C. **SPECIAL EDUCATION:** Briefly describe the audiometric, audiological, and medical services used when evaluating and placing pupils in need of special education. (You may attach additional information if necessary.)

D. Check the appropriate boxes describing testing personnel. *If any of the testing services were Provided by contract with an authorized agency, per CEC, Section 49452, enter the name of the agency, organization, or company. A county office of education and the county health department are considered to be "authorized agencies."*

E. Check the distribution and send copies of the report as indicated.

**THIS REPORT IS DUE ON OR BEFORE JUNE 30 OF THE CURRENT SCHOOL YEAR**

## **VISION SCREENING GUIDELINES**

### VISION (C.E.C. 49455)

“Upon first enrollment in a California school district of a child at a California elementary school, and at least every third year thereafter until the child has completed the 8th grade, the child’s vision shall be appraised by the school nurse. This evaluation shall include tests for acuity and color vision; however, color vision shall be appraised once and only on male children and the results shall be entered on the health record of the pupil.”

1. All Individual vision tests are given to:
  - a. All pupils who are:
    1. New to the district
    2. Enrolled in special education class or program
    3. Referred by the classroom teacher
  - b. Pupils in grades kindergarten, 2, 5, 8 and 10
    1. Grades K, far point, cover and convergence.
    2. Grades 2, 5, 8 – near and far point
    3. First Grade (boys only) - color vision using pseudo-isochromatic plates

### Retesting

All students who fail initial screening must be rescreened.

### Referrals

1. The school nurse shall provide the parents or guardians of children who fail the second vision screening with written notification of the test results. Criteria for test failure are:
  - a. A visual acuity of 20/50 or worse for children under six years of age. The designation of 20/50 or worse indicates the inability to identify accurately the majority of letters or symbols on the 40-foot line of the test chart at a distance of 20 feet or on the 20-foot line of the test chart at a distance of 10 feet.
  - b. A visual acuity of 20/40 or worse for children six years of age or older. This means the inability to identify the majority of letters or symbols on the 30-foot line of the test chart at a distance of 20 feet or on the 15-foot line of the chart at a distance of 10 feet.
  - c. A difference of visual acuity between the two eyes, for children of all ages, for two lines or more on the optotype chart; for example, visual acuity of 20/20 in one eye and 20/40 in the other or 20/30 in one eye and 20/50 in the other eye.

- d. A manifestation of significant signs or symptoms (through a student's behavior, complaints, appearance, performance, or physical activity) that suggest a visual difficulty
2. Parents of children who are active and wear glasses should be encouraged to have prescription ground safety lenses to avoid eye injury in case of accident.
3. To qualify for referral and enrollment in a class for partially sighted, a disability equal to or greater than the following should exist.
  - a. Those children who have visual acuity of between 20/70 and 20/400 in the better eye after correction.
  - b. In addition, those children recommended by an ophthalmologist because of progressive conditions or for temporary special conditions following an illness which has affected the eyes, or during a period of ocular treatment, such as the occlusion of one eye for strabismus.

#### Recording

1. Dates and results of all screening and referrals should be recorded on each pupil's health record.
2. Notification should be made on the health record of the vision status of each child who is referred for medical evaluation.
3. The classroom teacher should be informed of all vision problems identified among her pupils and documented in the health record. Possible adjustments in the school program should be discussed.

**An annual report of vision and hearing testing must be completed in June.**

## Vision Screening Procedures

### Distance Vision

1. Position the student 10 or 20 feet from the appropriate chart, depending on the chart used. The student's eyes must be parallel to and directly above the line.
2. Have older students cover the left eye with an occluder. Proceed to test the right eye. Then reverse the procedure and test the left eye.
3. For younger students, it is recommended that an occlusive, adhesive eye patch be used.
4. Tell the student to keep both eyes open during the test.
5. Make sure the occluder or occlusive eye patch does not press on the eye.
6. The occluder must completely cover the eye, and the observer must watch the pupil to make certain he or she is not cheating.
7. Use a fresh cup, occluder, or "pirate patch" for each student to prevent the spread of any infectious condition from one student to another, or clean the plastic occluder with a solution of 70 percent isopropyl alcohol after each use.
8. Tell students who wear glasses to keep the glasses on, unless they say that vision is better without glasses or that the glasses are to be worn only for reading. Then test that student first with glasses on and then without glasses.
9. Test the right eye first, then the left eye, and then both. A standardized routine avoids confusion and facilitates recording. Observe the student for squinting, forward leaning, or turning the head during testing.
10. Begin testing with the 20-/40-foot line and proceed with testing through the 10-/20-foot line. Testing beyond the 10-/20-foot line is not necessary.
11. Begin testing younger students by using larger letters for training and then move to threshold letters.
12. Use the Illiterate "E" Chart (or other age-appropriate tests) for preliterate students or those with special needs who are unable to read the optotype letters. When using the "E" chart, follow these guidelines:
  - Indicate, by hand, which way the "E" points. Oral responses may be agreed upon.
  - Avoid fatigue by having the student start reading the equivalent of the 50-foot line if no vision difficulty is suspected.
    - Check the student's performance on the equivalent of the 20-foot line if the student responded readily and correctly to the 50-foot line.
    - Move promptly from one symbol or one line to another. Encourage the student to do his or her best to read symbols. Suggest guessing when the student falters. If strain is apparent, do not pressure the student for responses.
    - Make appropriate adjustments if the student is unable to read the 100/200 symbols. Move the student forward 5 or 10 feet as necessary. Use the new distance as the numerator in the notation; for example, 15/100, or 10/100, or even 5/100 (distance/foot letter size).
    - Follow the same procedure as that used to test older children with the alphabet chart.

### Near Vision:

#### NEAR VISUAL ACUITY CARDS

1. Prepare the testing area, making sure that it is as quiet as possible and free from distraction. Be sure that the lighting is adequate and that the near cards are sufficiently illuminated for easy viewing.
2. Instruct the student to keep glasses or contact lenses on for testing. Exceptions: Glasses for DISTANCE ONLY should be worn for FAR test only. Glasses for READING ONLY should be worn for NEAR test only.
3. Occlude the left eye and test the right eye first.
4. Have the student hold the near card at the distance specified in the manufacturer's instructions

(approximately 13-16 in, [33-40 cm]) and ask the student to identify the smallest letter(s)/symbol(s) possible.

5. Record Near visual acuities similar to the method used for Far visual acuities. Follow the appropriate scoring protocol for the HOTV letter and LEA symbol tests of Near Visual Acuity.
6. Switch occluder to the right eye and repeat the Near Visual Acuity test on the left eye.

#### Referral Criteria:

1. Any student enrolled in Kindergarten and Grade 1 whose visual acuity in either eye is less than 20/40 or if a two line difference exists between the eyes (ie. 20/25 and 20/40) should be re-tested. If re-testing results in visual acuity less than 20/40 in either eye or a two line difference between the eyes, referral is indicated. Any student in Grade 2 or above whose visual acuity in either eye is less than 20/30 or if a two line difference exists between the eyes (ie. 20/25 and 20/40) should be re-tested. If re-testing results in visual acuity less than 20/30 in either eye or a two line difference between the eyes, referral is indicated.
2. Unless the student is showing signs of impending illness, re-testing should be scheduled without undue delay.
3. The results should be recorded on the student's health record in the appropriate space, giving the date, name of test, the fractional reading for each eye and "passed" or "failed".

#### Color Vision

- Use approved color vision book, i.e., Ishihara.
- Have student use paint brush to follow pattern on book if necessary.
- Need **good** light source outside or inside; fluorescent lamp not recommended. Don't use bright room light that will reflect bright colors on walls.
- Follow manufacturer's directions for administration and interpretation, i.e., red-green color deficiency. Good idea to test all siblings of known color deficient child.
- Notify parent, teachers, counselor. If student does not pass, use term of "color deficiency", not "color blindness" to describe problem.

#### External Observation

Examine thoroughly Recommend: E.O.M.'s

Have child follow penlight (NOT LIT) or pencil eraser. Muscle Balance

Light reflex. Shine light from direct center into child's eyes with child looking straight ahead. Image should reflect on exact same place in both eyes.

#### Cover and Convergence Test

Have child fixate at an object in the distance. Put occluder over one eye. Hold for a few seconds, then quickly remove cover. If covered eye is observed to "jump" back into place, strabismus is presumed. Repeat with opposite eye. Normally, eyes remain still when covered.





**PASADENA UNIFIED SCHOOL DISTRICT  
HEALTH PROGRAMS**

**TEACHER'S REFERRAL FOR A VISION TEST**

Student's name \_\_\_\_\_ DOB \_\_\_\_\_

Grade/Teacher \_\_\_\_\_ Date \_\_\_\_\_

(Circle observations)

**APPEARANCE**

1. Encrusted or swollen eyelids.
2. Watery or red eyes.
3. Recurring sties.
4. Crossed eyes.
5. Sensitivity to light.

**BEHAVIOR AND COMPLAINTS**

1. Rubs eyes frequently; attempts to brush away blur.
2. Dizziness, headaches or nausea following class work.
3. Inattentive to chalkboard or wall chart lessons.
4. Complains of itchy, burning or scratchy eyes.
5. When looking at distant objects:
  - a. holds body tense
  - b. contorts face in attempt to see clearly
  - c. thrusts face forward
  - d. squints eyes excessively
  - e. uninterested in distant objects
6. When reading or looking at close objects:
  - a. blinks repeatedly
  - b. holds book too close or too far from face
  - c. makes frequent changes in distance at which book is held
  - d. inattentive during lesson
  - e. stops working after a short period
  - f. shuts or covers one eye
  - g. tilts head to one side
  - h. tends to reverse words or syllables
  - i. tends to lose place on page

7. Other: \_\_\_\_\_

**PASADENA UNIFIED SCHOOL DISTRICT  
HEALTH PROGRAMS**

**REPORT OF VISION SCREENING**

School \_\_\_\_\_ Date \_\_\_\_\_

Student \_\_\_\_\_ DOB \_\_\_\_\_

Grade/Teacher \_\_\_\_\_ Dear Parent/Guardian:

As a result of a recent vision screening program at school, we believe that your child should have a complete eye examination. We urge you to give this your prompt attention. Please take this form to your eye examiner and ask him to complete it and return it to the school. If you need help locating a health care provider or require financial assistance, contact your school nurse.

Nurse \_\_\_\_\_ Principal \_\_\_\_\_

NOTE TO EXAMINER: Complete examination was suggested to the parents because of:

Performance on Snellen Test	R.20/	L.20/
Near Vision Test	R. 20/	L. 20/

Signs and Symptoms \_\_\_\_\_

The school will appreciate a report from you and any recommendation you desire to make. This information will be of help in planning the educational program for this child. Thank You.

**REPORT OF EXAMINER TO THE SCHOOL**

**VISUAL ACTIVITY**

**GLASSES**

Without lenses	With lenses	_____ Not prescribed
R.20/      L.20/	R.20/      L.20/	_____ Prescribed
		_____ To be worn all the time
Both 20/	Both 20/	_____ To be worn for close work only
		_____ To be worn for distance only
		_____ Safety lenses

Diagnosis:

Preferential seating recommended \_\_\_\_\_

Special materials that would be helpful \_\_\_\_\_

Other recommendations or suggestions \_\_\_\_\_

Date patient should return further examination \_\_\_\_\_

Signature \_\_\_\_\_ Date \_\_\_\_\_

Address \_\_\_\_\_

NOTE TO EXAMINER: Please mail completed form to: (Stamp school address here)



**PASADENA UNIFIED SCHOOL DISTRICT  
HEALTH PROGRAMS**

**REPORT OF A COLOR VISION TEST**

School \_\_\_\_\_ Date \_\_\_\_\_  
Student \_\_\_\_\_ ID# \_\_\_\_\_ DOB \_\_\_\_\_  
Grade/Teacher \_\_\_\_\_

Dear Parent/Guardian:

As a result of a recent screening program for color vision, your child appears to have a deficiency in color discrimination. If you desire additional information, the school nurse will be glad to discuss these findings with you.

School Nurse \_\_\_\_\_ Phone # \_\_\_\_\_

The nurse is at school on days circled: Mo Tu Wd Th Fr

**PASADENA UNIFIED SCHOOL DISTRICT  
HEALTH PROGRAMS**

**REPORT OF A COLOR VISION TEST**

School \_\_\_\_\_ Date \_\_\_\_\_  
Student \_\_\_\_\_ ID# \_\_\_\_\_ DOB \_\_\_\_\_  
Grade/Teacher \_\_\_\_\_

Dear Parent/Guardian:

As a result of a recent screening program for color vision, your child appears to have a deficiency in color discrimination. If you desire additional information, the school nurse will be glad to discuss these findings with you.

School Nurse \_\_\_\_\_ Phone # \_\_\_\_\_

The nurse is at school on days circled: Mo Tu Wd Th Fr

**DISTRITO ESCOLAR UNIFICADO DE PASADENA  
PROGRAMAS DE SALUD**

**REPORTE DE UNA PRUEBA DE VISION DE COLOR**

Alumno/a \_\_\_\_\_ Fecha \_\_\_\_\_

Escuela \_\_\_\_\_ Telefono \_\_\_\_\_

Estimados Padres

Como resultado de un programa de observacion para la vision de color, parece que su nino/a tiene una deficiencia en discriminacion de colores. Si Uds. desean mas informacion, la enfermera escolar estara dispuesta en discutir estos hallazgos con Uds.

Enfermera de la Escuela \_\_\_\_\_ Teléfono \_\_\_\_\_

La enfermera escolar se encuentra disponible en los dias circulados: Lu Ma Mi Ju Vi

**DISTRITO ESCOLAR UNIFICADO DE PASADENA  
PROGRAMAS DE SALUD**

**REPORTE DE UNA PRUEBA DE VISION DE COLOR**

Alumno/a \_\_\_\_\_ Fecha \_\_\_\_\_

Escuela \_\_\_\_\_ Telefono \_\_\_\_\_

Estimados Padres

Como resultado de un programa de observacion para la vision de color, parece que su nino/a tiene una deficiencia en discriminacion de colores. Si Uds. desean mas informacion, la enfermera escolar estara dispuesta en discutir estos hallazgos con Uds.

Enfermera de la Escuela \_\_\_\_\_ Teléfono \_\_\_\_\_

La enfermera escolar se encuentra disponible en los dias circulados: Lu Ma Mi Ju Vi

**PASADENA UNIFIED SCHOOL DISTRICT  
HEALTH PROGRAMS**

**REQUEST FOR VISION/GLASSES INFORMATION FROM PARENT**

Student \_\_\_\_\_ DOB \_\_\_\_\_

Grade/Teacher \_\_\_\_\_

To: The Parents/Guardian

Your child's teacher tells me that he/she is not wearing glasses, although the Health Record indicates that:

- A referral for an eye exam was sent home
- He/she has worn glasses in the past.

Please check below to indicate why the glasses are not being worn and have your child return this form to me tomorrow.

- Glasses are no longer needed.
- Glasses are broken and are being repaired.
- Glasses are lost and are being replaced.
- My child has not yet had his/her eyes examined.  
We will see the doctor on \_\_\_\_\_  
(date)

Comments: \_\_\_\_\_

\_\_\_\_\_

Please call me if you need assistance obtaining new glasses.  
attention to this matter.

Thank you for your prompt

\_\_\_\_\_  
School Nurse

\_\_\_\_\_  
Date

\_\_\_\_\_  
Phone #

**DISTRITO ESCOLAR UNIFICADO DE PASADENA  
PROGRAMAS DE SALUD**

**PETICION PARA INFORMACION DE LOS PADRES DE VISION/LENTES**

Alumno \_\_\_\_\_ Fecha de Nacimiento \_\_\_\_\_

Grado/Maestro \_\_\_\_\_

Para: Los Padres/Tutores:

El maestro de su niño me dice que no está usando lentes, aunque el Récord de Salud indica que:

- Se envió a casa una referencia para el examen de la vista.
- Ha usado lentes en el pasado.

Por favor marque abajo para indicar por qué el niño no usa los lentes y envíeme esta forma mañana con su niño.

- Se quebraron los lentes y se están reparando.
- Se perdieron los lentes y se están reponiendo.
- Todavía no le han hecho el examen de la vista a mi niño.  
Tenemos cita con el médico el \_\_\_\_\_  
(fecha)

Comentarios:

---

---

Por favor llámeme si desea ayuda para obtener lentes nuevos. Gracias por su pronta atención a este asunto.

\_\_\_\_\_  
Enfermera de la Escuela

\_\_\_\_\_  
Fecha

\_\_\_\_\_  
No. de Teléfono

**PASADENA UNIFIED SCHOOL DISTRICT  
HEALTH PROGRAMS**

**VISION REFERRALS**

**Agencies**

Young and Healthy

[www.yhpasadena.org](http://www.yhpasadena.org)

Offers free vision exams and glasses for uninsured students

(626) 795-5166

Foothill Unity Center, Inc.

(626)358-3486

[www.foothillunitycenter.org](http://www.foothillunitycenter.org)

415 W Chestnut Ave., Monrovia, CA 91016

Offers case management, transportation, referrals and access to medical, dental, vision and mental health care for low income, homeless or uninsured clients.

**Optometrists:**

Linden Optometry

477 E. Colorado Blvd.

Pasadena, CA 91101

(626)792-1193

Accepts Medi-Cal

Vision One

709 East Colorado Blvd., Suite 101

Pasadena, CA 91101

(626) 795-3453

Accepts Medi-Cal

Dr. Charles Korth

1 W. California Blvd., Suite 513

Pasadena, CA 91105

(626) 793-9987

No Medi-Cal



**PASADENA UNIFIED SCHOOL DISTRICT  
HEALTH PROGRAMS**

**ANNUAL REPORT OF VISION TESTING**

School Name	Superintendent		
Number and Street	City	Zip Code	County
Period covered	Prepared by	Telephone (    )    -	

**RESULTS OF SCREENING**

(Include pupils in gifted and remedial speech classes in regular grades)

Grade level	Enrollment in each grade screened	Total number of pupils screened	Number of pupils rescreened	Number of pupils referred for professional examination	Number of pupils referred actually under professional care	Color vision (boys)	
						Number tested	Number failed
	1	2	3	4	5		
K							
1							
2							
3							
4							
5							
6							
7							
8							
9							
10							
11							
12							
Sp. Ed.							
<b>Totals</b>							

## **SCOLIOSIS SCREENING GUIDELINES**

State law (C.E.C. 49452.5) requires that all school districts in California provide scoliosis screening at the junior high school. School nurses conduct this screening and necessary re-screenings during regular P.E. classes. The mandated grade levels are 7th grade females and 8th grade males.

Scoliosis is a side-to-side curvature of the spine. Each student is observed by a school nurse from the front, back, and side. The uncovered spine is examined for any uneven shapes. If there are unusual findings, parents are notified in writing and the student is referred for medical evaluation and diagnosis.

Frequent signs are a prominent shoulder blade, uneven hip or shoulder levels, unequal distance between arms and body and clothes that do not “hang” correctly.

The rationale for screening during early adolescence is that the body is still growing. The student’s muscles and skeleton respond to treatment with maximum recovery possible. Screening during early adolescence can prevent adult disability. Eighty percent of scoliosis tends to run in families and affects more girls than boys.

## **PROCEDURES FOR SCREENING**

1. Schedule date with screening team facilitator and school master calendar.
2. Send parent scoliosis information letters home with all 7th grade females and 8th grade males.
3. Communicate with P.E. teachers; screenings need to be conducted with students in their P.E. clothes.
4. Order computer printouts of 7th grade females and 8th grade males from the district data processing clerk.
5. Screening team nurses are to arrange P.E. office or locker room for screenings.
6. Speak with P.E. staff in advance; P.E. teachers usually escort students in and out of screening areas.



PASADENA UNIFIED SCHOOL DISTRICT  
EDUCATION CENTER • HEALTH PROGRAMS

SCOLIOSIS SCREENING

Date: \_\_\_\_\_

Dear Parents/Guardians:

Scoliosis screening is mandated under the Education Code (Section 49452.5) on all 7<sup>th</sup> grade girls and all 8<sup>th</sup> grade boys. The school nurse will conduct the screening this semester.

Scoliosis is a sideways curvature of the spine, most commonly detected in children from 10-14 years of age. For some reason not yet known, scoliosis is about eight times more common in girls than boys. It is estimated that 1 out of every 100 girls between the ages of 10-14 have scoliosis, but it usually goes undetected until later years. If this condition is diagnosed in the very beginning stages, corrective treatment is usually successful. Discovery and treatment while the spine growing will, in most cases, prevent the curve from becoming worse.

If the nurse suspects symptoms of scoliosis, she will contact you and explain what action you need to take.

We would appreciate it if your child would wear a blouse or tee shirt which can be lifted easily, since a thorough look at the back is necessary. If you have any questions, please call your school nurse.

If you do not want your child to participate in this program, please write your school nurse immediately.

Sincerely,

A handwritten signature in cursive script, appearing to read "Ann Rector".

Ann Rector  
Director of Health Programs

APPROVED:

A handwritten signature in cursive script, appearing to read "Brian McDonald".

Brian McDonald  
Superintendent



PASADENA UNIFIED SCHOOL DISTRICT  
EDUCATION CENTER , HEALTH PROGRAMS

**EXAMEN DE ESCOLIOSIS**

Fecha: \_\_\_\_\_

Estimados Padres/Tutores:

El examen de la escoliosis se da por mandato del Codigo de Educacion (Seccion 49452.5) a todas las nifias del 7 grado y a todos los nifios del 8 grado. La enfermera de la escuela darii el examen este mes.

Escoliosis es la curvatura lateral de la columna vertebral, que comunmente se encuentra en ninos de 10-14 afios de edad. Por alguna razon que todavia no se sabe, escoliosis es aproximadamente 8 veces mas comun en las ninas que en los ninos. Se estima que 1 de cada cien ninas de 10-14 afios tienen escoliosis, pero usualmente no se encuentra hasta miis tarde. Si esta condicion se diagonistica en sus principios, el tratamiento correctivo por lo general tiene exito. El descubrir y tratar la escoliosis mientras que la columna vertebral todavia estii creciendo puede, en la mayor parte de los casos, prevenir que la curvatura se empeore.

Si la enfermera sospecha sintomas de escoliosis, ella se pondrii en contacto con ustedes y Jes explicarii la accion que debentomar.

Les agradecemos si su hijo/a usa una blusa o camiseta "T", la cual se pueda quitar fiicilmente, ya que se le tiene que revisar la espalda completamente. Si tienen alguna pregunta, por favor llamen a la enfermera de su escuela.

Si no desean que su nino/a participe en este examen, por favor escriban inmediateamente a la enfermera de su escuela.

Atentamente.

Ann Rector  
Director of Health Programs

APROBADO:

Brian McDonald  
Superintendent

**PASADENA UNIFIED SCHOOL DISTRICT  
HEALTH PROGRAMS**

**REFERRAL FOR MEDICAL EVALUATION - SCOLIOSIS**

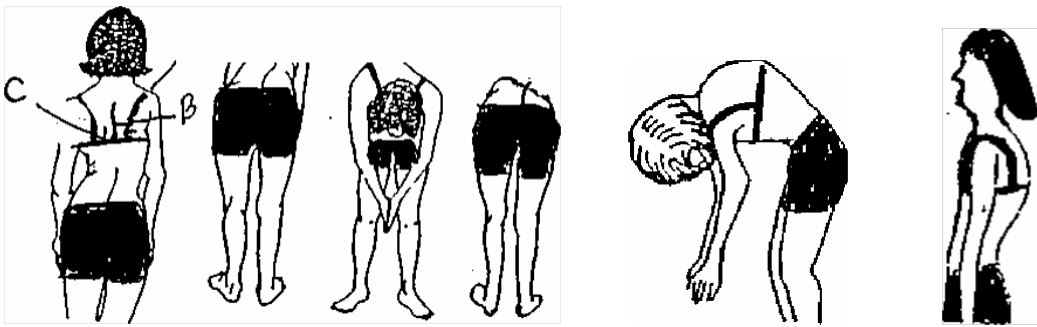
Student \_\_\_\_\_ ID# \_\_\_\_\_ DOB \_\_\_\_\_ Grd/Teacher \_\_\_\_\_

School \_\_\_\_\_ Nurse \_\_\_\_\_ Date \_\_\_\_\_

Dear Parent/Guardian:

A scoliosis screening program was recently conducted at school to detect possible spinal problems. Your child was screened by the school nurse and it is recommended that he/she be further examined by your health care provider to correctly establish if a problem exists. Please take this form with you at the time of the doctor's examination. If you have any questions, please contact your school nurse.

NOTE TO EXAMINER: The following observations were made during school screening:



- |  |     |     |
|--|-----|-----|
| <input type="checkbox"/> Shoulder higher                 | Rt. | Lt. |
| <input type="checkbox"/> Obvious spinal curvature        | Rt. | Lt. |
| <input type="checkbox"/> Prominent shoulder blade        | Rt. | Lt. |
| <input type="checkbox"/> Elevated shoulder blade         | Rt. | Lt. |
| <input type="checkbox"/> One hip higher                  | Rt. | Lt. |
| <input type="checkbox"/> Arm to body space greater       | Rt. | Lt. |
| <input type="checkbox"/> Waist crease uneven             | Rt. | Lt. |
| <input type="checkbox"/> Thoracic prominence (elevation) | Rt. | Lt. |
| <input type="checkbox"/> Lumbar prominence (elevation)   | Rt. | Lt. |
| <input type="checkbox"/> Kyphosis (round back)           | Rt. | Lt. |
| <input type="checkbox"/> Lordosis (sway back)            | Rt. | Lt. |

EXAMINER'S REPORT TO THE SCHOOL

Examination Results:

- No significant findings at this time
- Standing (anterior-posterior) x-ray shows: \_\_\_\_\_
- Need for further evaluation on \_\_\_\_\_
- Treatment recommended: \_\_\_\_\_

Please Print:

Examiner's Name \_\_\_\_\_ Signature \_\_\_\_\_

Date \_\_\_\_\_

Address \_\_\_\_\_ Phone \_\_\_\_\_

**DISTRITO ESCOLAR UNIFICADO DE PASADENA  
PROGRAMAS DE SALUD**

**REFERENCIA PARA EVALUACION MÉDICA - ESCOLIOSIS**

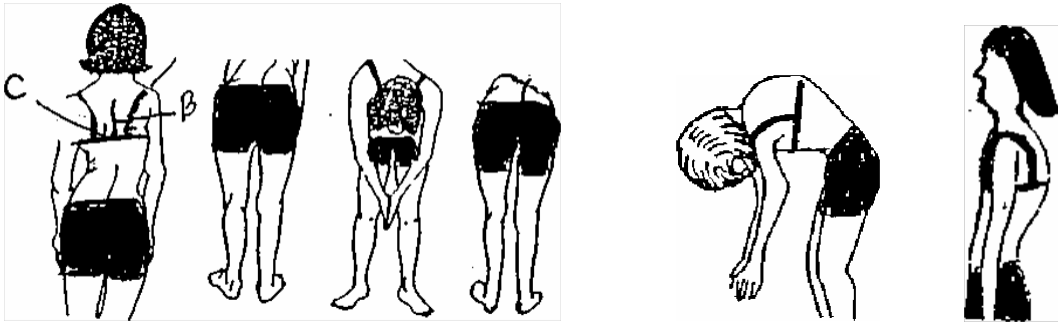
Alumno \_\_\_\_\_ ID# \_\_\_\_\_ Fecha de Nacimiento \_\_\_\_\_ Gr./Maestro \_\_\_\_\_

Escuela \_\_\_\_\_ Enfermera \_\_\_\_\_ Fecha \_\_\_\_\_

Estimado Padre/Tutor:

El programa de observación de la escoliosis se hizo recientemente en la escuela para ver si había posibles problemas de la espina dorsal. Su niño fue observado por una enfermera de la escuela y se está recomendando que su médico lo examine más detalladamente para establecer correctamente si tiene problemas. Por favor lleve esta forma cuando vaya a que le haga el examen el médico. Si tiene alguna pregunta, por favor comuníquese con la enfermera de la escuela.

NOTE TO EXAMINER: The following observations were made during school screening:



- |  |     |     |
|--|-----|-----|
| <input type="checkbox"/> Shoulder higher                 | Rt. | Lt. |
| <input type="checkbox"/> Obvious spinal curvature        | Rt. | Lt. |
| <input type="checkbox"/> Prominent shoulder blade        | Rt. | Lt. |
| <input type="checkbox"/> Elevated shoulder blade         | Rt. | Lt. |
| <input type="checkbox"/> One hip higher                  | Rt. | Lt. |
| <input type="checkbox"/> Arm to body space greater       | Rt. | Lt. |
| <input type="checkbox"/> Waist crease uneven             | Rt. | Lt. |
| <input type="checkbox"/> Thoracic prominence (elevation) | Rt. | Lt. |
| <input type="checkbox"/> Lumbar prominence (elevation)   | Rt. | Lt. |
| <input type="checkbox"/> Kyphosis (round back)           | Rt. | Lt. |
| <input type="checkbox"/> Lordosis (sway back)            | Rt. | Lt. |

**EXAMINER'S REPORT TO THE SCHOOL**

Examination Results:

- No significant findings at this time
- Standing (anterior-posterior) x-ray shows: \_\_\_\_\_
- Need for further evaluation on \_\_\_\_\_
- Treatment recommended: \_\_\_\_\_

Please Print:

Examiner's Name \_\_\_\_\_ Signature \_\_\_\_\_

Address \_\_\_\_\_ Date \_\_\_\_\_

Phone \_\_\_\_\_

**PASADENA UNIFIED SCHOOL DISTRICT  
HEALTH PROGRAMS**

**SCOLIOSIS REFERRAL LIST**

1. **CHILDREN'S HOSPITAL OF LOS ANGELES**  
4650 Sunset Blvd  
Los Angeles, CA 90027  
(323) 669-2142 - Theresa  
\$47.50 includes X-ray and MD evaluation in one appointment
  
2. **ORTHOPEDIC HOSPITAL**  
2400 S. Flower St.  
Los Angeles, CA 90007  
(213) 742-1300  
\$40 Requires two visits
  
3. **SHRINERS HOSPITAL**  
3160 Geneva St  
Los Angeles, CA 90020  
(213) 368-3366  
Call for application - appointment to follow acceptance of application  
No Charge
  
4. **PRIVATE PHYSICIAN**

**PASADENA UNIFIED SCHOOL DISTRICT  
HEALTH PROGRAMS**

**SCOLIOSIS CLINIC APPOINTMENT**

Name of Student \_\_\_\_\_ DOB \_\_\_\_\_

School \_\_\_\_\_ Grade \_\_\_\_\_

Dear Parent/Guardian:

A scoliosis screening program has been completed by the school nurses on 7th and 8th grade students.

A volunteer orthopedic physician will donate his time to examine those students who are referred to him by the school nurses.

The scoliosis clinic will be held on: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Your child is being referred to this clinic and his/her appointment time will be on \_\_\_\_\_,  
at \_\_\_\_\_ p.m.

If your child has not been seen by a medical doctor within the past year for this condition, you now have the opportunity of having him/her seen by the volunteer physician. ***A successful examination includes discussion between parent and doctor so it is essential that you attend.***

Please return the bottom portion of this form to the school nurse as soon as possible so that a definite appointment can be scheduled for you. If your child is currently under medical supervision, would you kindly write the name of the doctor or clinic on this page and return the form to us.

Thank You.

\_\_\_\_\_  
School Nurse Date

-----  
My Son/Daughter \_\_\_\_\_ Grade \_\_\_\_\_  
attending \_\_\_\_\_ School, has my permission to see the  
volunteer physician for the scoliosis evaluation. I will be present for this examination.

\_\_\_\_\_  
Parent Telephone



**DISTRITO ESCOLAR UNIFICADO DE PASADENA  
PROGRAMAS DE SALUD**

CITA PARA LA CLINICA DE ESCOLIOSIS

Nombre del Estudiante \_\_\_\_\_

Fecha de Nacimiento \_\_\_\_\_

Escuela \_\_\_\_\_

Grado \_\_\_\_\_

Estimados Padres/Tutores:

Las enfermeras de la escuela han completado un programa para revisar la escoliosis de los alumnos del 7 y 8 grados.

Un médico ortopédico voluntario donará su tiempo para examinar a aquellos alumnos que las enfermeras le recomienden.

La clínica de escoliosis será el:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Su niño/a ha sido recomendado a esta clínica y la hora de su cita será el ,alas\_\_\_\_\_ p.m.

Si el médico no ha visto a su niño/a en el pasado año para esta condición, tienen la oportunidad de que lo vea el médico voluntario. ***Un buen examen incluye una discusión entre el padre/madre y el médico, así que es esencial que asistan.***

Porfavor regresen la parte de abajo de esta forma a la enfermera de la escuela, tan pronto como sea posible, para hacer una cita definitiva. Si su niño está actualmente bajo supervisión médica, por favor escriba el nombre del médico o de la clínica en esta página y regresenos la forma.

Gracias.

\_\_\_\_\_  
Enfermera escolar

\_\_\_\_\_  
Fecha

\_\_\_\_\_  
Mi hijo/a \_\_\_\_\_ quien está en el \_\_\_\_\_ grado, y quien asiste a la Escuela \_\_\_\_\_, tiene mi permiso para que vea al médico voluntario, para la evaluación de la escoliosis. Estaré presente para el examen médico.

\_\_\_\_\_  
Padre/Tutor

\_\_\_\_\_  
Numero de telefono

**PASADENA UNIFIED SCHOOL DISTRICT  
HEALTH PROGRAMS**

**SCOLIOSIS SCREENING HEALTH INVENTORY WORKSHEET**

SCHOOL SITE \_\_\_\_\_

SCHOOL YEAR \_\_\_\_\_

SCHOOL DISTRICT \_\_\_\_\_

Time Spent (Hours)											OTHER COSTS		Number of Pupils Screened							
DATE	EMPLOYEE TITLE	HOURLY RATE	PLANNING	TRAINING	SCREENING	RESCREENING	REFERRING	NOTIFICATION	RECORDING	FOLLOW-UP	SUPPLIES/ POSTAGE	TRAVEL COSTS/TIME	NUMBER SCREENED		NUMBER RESCREENED		NUMBER REFERRED MEDICAL		NUMBER RECEIVED MEDICAL	
													GIRLS	BOYS	GIRLS	BOYS	GIRLS	BOYS	GIRLS	BOYS
													(7th)	(8th)	(7th)	(8th)	(7th)	(8th)	(7TH)	(8TH)
TOTALS																				

I certify that the above is true and correct:

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date

## ANNUAL REPORT

### SCOLIOSIS SCREENING (7-8)

(CHAPTER 1347/80 C.E.C. 49452.5)

In 1980, the legislature mandated that all female students in Grade 7 and all male students in Grade 8 be given a scoliosis screening; unless a parent or guardian refuses to consent to such a screening. This disfiguring spinal disease is generally observable and treatable in children in this age group.

#### POSITIONS/DEPARTMENTS GENERALLY INVOLVED

Middle School Nurses

#### UNIT COST RATE BASIS

Each district reimbursed based upon the number of seventh grade girls and eighth grade boys who are screened for scoliosis. A district need only prove compliance and number screened, not employee time spent.

Number screened x \$ per student for follow-up = Total claimed amount.

#### REQUIRED DOCUMENTATION

- Listing of 7th grade girls screened
- Listing of 8th grade boys screened
- Number of parental notifications sent of intent to screen students
- The number of students who were rescreened
- The number of referrals made to medical care

#### ACTUAL COST COMPUTATION METHOD

Must prove unique circumstances and document costs and employee time spent.

**SCOLIOSIS SCREENING (7-8)**

**(CHAPTER 1347/80 C.E.C. 49452.5)**

**REIMBURSABLE ACTIVITIES**

- **Examination of Student** and recording results on screening worksheets
- **Parental Notification** of intent to screen students
- **Administration of Program**
  - Planning and implementing screening
  - Training scoliosis screeners
  - Recording results on student health records
- **Follow-up Screening and Referral**
  - Rescreening students suspected of having scoliosis
  - Referring suspected cases to medical care
  - Following up on referrals to medical care

**REQUIRED DOCUMENTATION**

- Activity Log sheets for all employees whose time is being claimed
- Documentation as required under cost method listed above

PASADENA UNIFIED SCHOOL DISTRICT  
HEALTH PROGRAMS

SCOLIOSIS SCREENING STATISTICS

School year \_\_\_\_\_

School Name \_\_\_\_\_ Nurse \_\_\_\_\_

1. Dates of screening \_\_\_\_\_

2. Grade levels screened \_\_\_\_\_

STUDENTS SCREENED: Males \_\_\_\_\_ Females \_\_\_\_\_ Total \_\_\_\_\_

NUMBER OF CHILDREN IDENTIFIED AS HAVING SIGNS OF SCOLIOSIS: \_\_\_\_\_

Number to be screened next year \_\_\_\_\_

Number referred for orthopedic evaluation \_\_\_\_\_

Males \_\_\_\_\_ Females \_\_\_\_\_

NUMBER WHO WENT FOR EVALUATION (IF AVAILABLE) \_\_\_\_\_

RESULTS OF MEDICAL EVALUATION:

No Scoliosis \_\_\_\_\_ Scoliosis \_\_\_\_\_

Kyphosis \_\_\_\_\_ Lordosis \_\_\_\_\_

Other orthopedic problems/found \_\_\_\_\_

TOTAL HOURS INVOLVED:

Screening \_\_\_\_\_ Rescreened \_\_\_\_\_

Referral \_\_\_\_\_ Follow-up \_\_\_\_\_

Health Ed. Preparation  
and  
Health Clerk Hours \_\_\_\_\_

( \_\_\_\_\_ hours x \$ \_\_\_\_\_ = \$ \_\_\_\_\_ )