
Appendix B: Testing Implementation Plan

PUSD COVID-19 Testing Implementation Plan – 7.16.21

PUSD Testing Administrative Team:

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Objectives:

- Keep track of COVID-19 through periodic testing of unvaccinated asymptomatic staff and students,
- Prevent outbreaks of new cases through voluntary pre-entry screening at the start of the school year and after Thanksgiving, Winter, and Spring Breaks,
- Respond to school outbreaks through testing unvaccinated close contacts to find any potentially asymptomatic infectious individuals
- Help keep kids in school through voluntary symptom testing and required testing to modify quarantine for unvaccinated close contacts

Target Audience: PUSD employees and PUSD students

Testing Materials and Registration Process: Testing materials will be provided by Valencia Lab. Tests must be administered under the supervision of a PUSD Nurse. Students and staff will have to register with the COLOR system and make an appointment prior to testing.

Testing Administration: Test samples are collected through a self-administered nasal swab PCR test. Tests must be administered under the supervision of a PUSD nurse. Students under 12 years will be assisted by the nurse or parent to complete their testing kit. Results will be received within 24 - 48 hours.

Testing Strategy: The following testing strategies will be implemented according to the level of community transmission determined by PPHD, LAC DPH, and CDC.

***Screening Testing:** strategy to prevent transmission in schools by identifying persons who are infected but without symptoms who may be contagious before the person enters school.*

***Surveillance Testing:** testing for asymptomatic persons used for surveillance to determine district level in-school transmission rates.*

***Symptomatic Testing:** testing for individuals with symptoms of COVID-19*

***Response Testing:** testing for individuals identified as close contacts and individuals with known or suspected exposure to an individual infected with COVID-19*

***Outbreak Testing:** testing conducted for persons present in a PUSD school or facility when 3 or more positive cases determined to have epidemiologically links are discovered.*

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The following chart displays the PUSD testing strategies, identifiers, and levels of community transmission based on Cal OSHA requirements, CDC data tracking, recommendations of the CDPH and was developed in consultation with PPHD.

	Low Transmission Blue	Moderate Transmission Yellow	Substantial Transmission Orange	High Transmission Red
Total new cases per 100,000 persons in the past 7 days	0-9.99	10-49.99	50-99.99	≥100
Testing Strategies	Voluntary: Screening Symptomatic Response	Voluntary: Screening Symptomatic Response	Voluntary: Screening Surveillance Symptomatic Response	Voluntary: Screening Surveillance Symptomatic Response
Frequency	Screening: after summer, Thanksgiving, winter, and spring breaks Symptomatic: when symptoms occur Response: when exposure occurs on PUSD facility or school	Screening: after summer, Thanksgiving, winter, and spring breaks Symptomatic: when symptoms occur Response: when exposure occurs on PUSD facility or school	Screening: after summer, Thanksgiving, winter, and spring breaks Surveillance: weekly at sites Symptomatic: when symptoms occur Response: when exposure occurs on PUSD facility or school	Screening: after summer, Thanksgiving, winter, and spring breaks Surveillance: weekly at sites Symptomatic: when symptoms occur Response: when exposure occurs on PUSD facility or school
Quarantine Protocols	Self-Quarantine Modified Quarantine	Self-Quarantine Modified Quarantine	Self-Quarantine Modified Quarantine	Self-Quarantine

Screening Testing for Asymptomatic Staff (*Asymptomatic Testing*): To prevent transmission in schools from asymptomatic infectious persons, pre-entry screening testing will be offered to staff and students at the end of summer, winter, spring, and Thanksgiving breaks at the PUSD Clinic, located at the PUSD Education Center.

Surveillance Testing for Asymptomatic Staff (*Asymptomatic Testing*): To ensure the safety of students and staff, the surveillance testing program will be implemented. Surveillance testing is voluntary and made available to staff and students on a weekly basis at one designated time and place at their specific school site or facility. If staff or students are not able to make an appointment on the assigned day for the school, they can come to the PUSD Health Clinic for testing.

Response Testing and Outbreak Testing:

PUSD will provide the required testing standards established by Cal/OSHA's [COVID-19 Emergency Temporary Standards](#) in the event of an exposed case and outbreak. Response Testing and Outbreak Testing will be provided until no longer considered an outbreak.

Once exposure or outbreak is determined by the Site Compliance Team and Pasadena Public Health Department (PPHD), staff and students will be provided with assistance to register with the Color system and given a self-administered PCR test on site to be administered under the supervision of a nurse. Results will be received in 24 - 48 hours.

Symptomatic Testing:

Students or staff who display COVID-19 symptoms (fever, cough, fatigue, or shortness of breath) will be sent home immediately. Symptomatic testing and consulting with a primary physician are recommended. Symptomatic testing is available to PUSD staff and students by appointment through the PUSD Primary Health Clinic, 626-396-3600 xt 88180, and through the ChapCare clinic located at 1595 N. Lake Ave., Pasadena. To register for the ChapCare Clinic use this link: <https://lhi.care/covidtesting>.

Testing for fully-vaccinated individuals: CDC guidance states fully-vaccinated students and staff with no COVID-19 symptoms do not need to be tested following an exposure to an individual with COVID-19. A fully-vaccinated individual who begins showing COVID-19 symptoms should be tested and follow isolation procedures.

Testing for individuals who previously tested positive for COVID-19: CDC guidance states people who tested positive for COVID-19 within the past 3 months, recovered, and do not show any COVID-19 symptoms, do not need to test following an exposure.

Incentives for testing: PUSD Health Programs will organize monthly raffles to encourage students and to participate in the testing program.

Testing during Quarantine: Unvaccinated Individuals identified as close contacts will be instructed to quarantine. PUSD is adhering to the PPHD Self-Quarantine order for unvaccinated and fully-vaccinated individuals. Testing for quarantined individuals is available by appointment only at the PUSD Primary Health Clinic. A Modified Quarantine plan may be implemented for students who are ineligible for COVID-19 vaccinations pending approval by PPHD and agreement of parent or guardian and will include mandatory testing.

Individuals who have been identified as close contacts do not need to quarantine if

they have no symptoms and are fully vaccinated OR have recovered from laboratory confirmed COVID-19 in the past 3 months.

Self-Quarantine: For unvaccinated individuals identified as close contacts, self-quarantine is required to reduce the risk of spreading COVID-19. The quarantine period is 10 days after contact with the person who has COVID-19. Quarantine may end after Day 10 if the close contact has not developed any symptoms of COVID-19 and continues to monitor for symptoms from Day 11 – Day 14.

Modified Quarantine: In order to return to in-school programming and services in less than 10 days,, a modified quarantine plan may be considered for students ineligible for COVID-19 vaccine if the community transmission level is low, moderate, or substantial; parent or guardian signs agreement; and the plan is approved by PPHD.

If staff or students think or know they had COVID-19 **and** had symptoms, they may return to school after:

- 10 days since symptoms first appeared and
- 24 hours with no fever without the use of fever-reducing medications and
- other symptoms of COVID-19 are improving

<https://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/end-home-isolation.html>

Students who become ill at school

Staff at each PUSD school site will monitor students and staff throughout the day for signs of illness. Students or staff who display COVID-19 symptoms (fever, cough, fatigue, or shortness of breath) will be sent home immediately.

If a student becomes sick, the supervising staff member needs to notify the Health Office or site administrator. The student who displays COVID-19 symptoms will be placed immediately in the Care (isolation) Area until they can be transported home. The nurse, health clerk, or administrator will contact the parent and instruct them to pick up their child outside the front office. Parents will need to call the front office upon arrival and the student will be walked out to the car. Parents will not be allowed to enter the campus to pick up their child. Testing and consulting with a primary physician are recommended.

If a student is sent home with symptoms and **DOES NOT** have a known COVID-19 close contact, they can return to school with a negative test result **and** once symptoms have improved.

Parental Consent:

From CDPH Testing Considerations for LEAs and School Communities:

The testing approach for students includes the option of supervised self-collection for students in any grades, which has demonstrated feasibility and acceptability even in the youngest groups.

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Because SARS-CoV2 is recognized as a communicable disease, which is required to be reported, California state law provides that minors 13 years, and older can consent to diagnosis and treatment of COVID-19. Accordingly, for students under the age of 13, the parent or guardian must provide consent, and use their email/phone to obtain results. A parent or guardian can receive their results on behalf of a child (ages under 13) when they provide onset on behalf of that child.

Students ages 13-17 may consent on their own and receive results through their own contact information or through their parent's contact information. Consent can be obtained once through the school for the duration of the testing program throughout the school year. Consent can be gathered from parents and from school staff using the technology platform engaged by the state.

DRAFT SCHEDULE:

Testing Location	Monday	Tuesday	Wednesday	Thursday	Friday
PUSD Health Clinic	8:00 - 9:30 2:30-3:30	8:00 - 9:30 2:30-3:30	8:00 - 9:30 2:30-3:30	8:00 - 9:30 2:30-3:30	8:00 - 9:30 2:30-3:30
Altadena			11:00-2:00		
Don Benito		11:00-2:00			
Field		11:00-2:00			
Hamilton			11:00-2:00		
Jackson				11:00-2:00	
Longfellow				11:00-2:00	
Madison					11:00-2:00
McKinley		11:00-2:00			
Norma Coombs		11:00-2:00			
San Rafael			11:00-2:00		
Sierra Madre ES					11:00-2:00
Washington					11:00-2:00
Webster				11:00-2:00	
Willard			11:00-2:00		
ECE		7:30-10:30			

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FPA					11:00-2:30
Washington MS		11:00-2:30			
Sierra Madre MS			11:00-2:30		
Eliot MS				11:00-2:30	
Blair MS/HS			11:00-2:30		
Marshall MS/HS				11:00-2:30	
Muir HS					11:00-2:30
Pasadena HS		11:00-2:30			

Schedule:

11:00-11:45: Office and support staff

11:45-12:30: Nurses lunch

ELEMENTARY:

12:30-1:00: LEARNS staff, support staff

1:00 - 2:00: Teachers

SECONDARY:

12:30-2:30 Teachers

Communication:

Health Programs staff and school site leadership will notify the students, parents, and staff of opportunities for testing at the school site, Education Center, and District Service Center and available incentives. In order to participate in testing, registration must be completed here: <https://home.color.com/covid/sign-up/start?partner=cdph094>.

If exposure occurs at PUSD facility:

- If an employee is identified as a close contact, Human Resources staff will notify employees of possible exposure at the school site through email. Notified staff members will receive an email explaining the process to schedule an appointment at a school site or the District Health Clinic.
- If a student is identified as a close contact, Health Programs staff will notify students and their families of possible exposure at the school site through a phone call or email. The student will also be contacted by the PPHD Contact Tracing Team. Quarantine and Isolation information will be provided to the student and family.

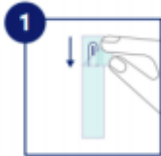
Fact Sheet for Patients:

Centers for Disease Control and Prevention (CDC) has issued this fact sheet with more information regarding PCR Tests and False Test Results.

<https://www.cdc.gov/coronavirus/2019-ncov/downloads/Factsheet-for-Patients-2019-ncov.pdf>

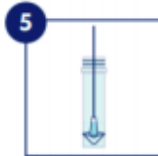
Administering a Nasal Sample

Providing a Nasal Swab Sample



1 Open the package with the swab.

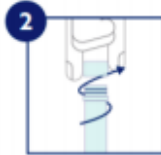
Peel open where indicated. Leave the swab in the package for now.



5 Put the swab into the collection tube.

The soft tip of the swab that went into your nose should go into the tube first.

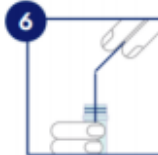
Note: The handle will be sticking out.



2 Unscrew the lid of the collection tube.

Keep the lid somewhere you can easily find it.

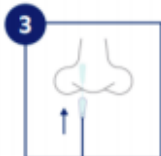
Careful: Don't spill the liquid inside the tube.



6 Snap the handle off.

Holding firmly onto the tube, snap the handle off where it naturally bends.

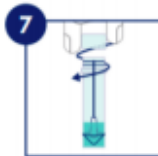
Careful: Don't spill the liquid inside the tube.



3 Rotate the swab tip in the first nostril, 3 times.

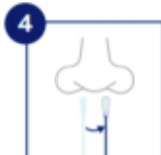
Pull swab out of its packaging and insert it into one nostril just until the soft tip is no longer visible. Rotate it in a circle around the inside edge of your nostril at least 3 times.

Careful: Don't touch the soft tip with your hands.



7 Screw on the top of the collection tube.

You're almost done! Make sure the top is screwed on tightly.



4 Repeat in the other nostril, 3 times.

Use the same soft tip to repeat the previous step in the second nostril.



8 Put the tube into the specimen bag.

Seal the bag by closing the ziplock seal.

Insert the swab into your nostril. Do not insert it more than half an inch into your nostril.



Slowly twist the swab, rubbing it along the insides of your nostril for 15 seconds.



Gently remove the swab.



Using the same swab, repeat steps 4-6 in your other nostril.

