



a program of  
Heluna Health

# FREE FOOD FOR FAMILIES AFFECTED BY THE COVID-19 CRISIS



## WIC PROVIDES HEALTHY FOOD AND SUPPORT SERVICES TO FAMILIES

If you're pregnant or a caretaker of a child under age five and your income has been affected by recent events, you may qualify for WIC. Applying is easy and you will receive your food benefits within a few days.

Apply online [www.phfewic.org/apply](http://www.phfewic.org/apply), or text **APPLY** to **91997**

## PLEASE STAY AT HOME

The new WIC Card and **WIC App** make it easy for you to access your benefits electronically. For the safety of the public, we are serving families remotely by phone and online. Contact us if you do not have the WIC card. We can **mail** it to you!

## WIC IS NOT CONSIDERED A PART OF PUBLIC CHARGE

WIC is **SAFE** to use and does not affect immigration status for anyone who is currently in the U.S.

**We're here to help!**

Text: **91997**

[www.phfewic.org](http://www.phfewic.org)



@phfewic

PHFE WIC is an equal opportunity provider