

Are *you* a mentor?

A mentor is committed.

Role Model

A mentor is caring.

A mentor is patient.

Friend

A mentor is admirable.

A mentor is a trusted guide.

Supporter

A mentor is responsible.

MEN TOR



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mentors for L.I.F.E.
listen • improve • focus • encourage

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The department of Child Welfare, Attendance & Safety from the Pasadena Unified School District is launching Mentors for L.I.F.E. The sole purpose of the youth mentoring program is to establish a trusting relationship between a student and caring volunteers who offer encouragement, guidance, and support. The goal is to increase school's graduation rate, and improve attendance by developing the competence and character of participating students.

We offer four types of mentoring.

Traditional Mentoring:
one adult to one student.

Group Mentoring:
one adult up to four students.

Team Mentoring:
several adults working with a small group.

Peer Mentoring:
caring youth mentoring other youth.

Connecting students with mentors

L.I.F.E.

Mentors for L.I.F.E. is a school based mentoring program serving at risk middle school students who struggle with attendance, behavior, or academics. The program provides mentoring services by adhering to four principles.

1. *Listen* attentively
2. *Improve* academic performance
3. *Focus* on building a relationship
4. *Encourage* personal development

Leadership Development

The mentor and mentee develop and sustain a relationship by selecting activities together. The meetings occur once a week after school in a designated classroom for one hour. The activities range from community service, improving social skills, team building, character development, and establishing goals.

Training

Training is fundamental to the success of a mentoring relationship. All mentors and students attend a minimum two-hour initial training session prior to forming a match. Peer mentors receive an additional twenty hours of training prior to meeting the student. They learn about conflict resolution, anti-bullying strategies, and mentoring. All the matches are closely monitored for ongoing support. The goal is to form successful mentoring relationships.

How to get involved?

1. The first step is to request an application by email or visiting P.U.S.D.
2. The application process includes a background check, an interview, and orientation.
3. The last step is a two-hour training prior to the mentor and student match.