



Come to one of the ***Free Flu Clinics*** offered by *Pasadena Unified School District* and *Pasadena & Los Angeles County Health Departments*:

### **Flu Vaccine Requirements:**

- At least 18-years-old, or giving consent for your child, age 3-17 years.
- No allergy to eggs or influenza vaccine.
- No history of Guillain-Barré Syndrome.
- Do not have suspected or confirmed COVID-19 infection.
- Do not have any of the following symptoms: fever or chills, cough, congestion or runny nose, shortness of breath or difficulty breathing, fatigue, muscle or body aches, headache, new loss of taste or smell, sore throat, nausea, vomiting or diarrhea.

It is likely that flu viruses and the virus that causes COVID-19 will both spread this fall and winter. Healthcare systems could be overwhelmed threatening both patients with flu and patients with COVID-19. This means getting a flu vaccine during 2020-2021 is more important than ever.

While getting a flu vaccine will not protect against COVID-19, there are many important benefits, such as:

- Flu vaccines have shown to reduce the risk of flu illness, hospitalization, and death.
- Getting a flu vaccine can also save healthcare resources for the care of patients with COVID-19.

Nasal formulation ([English](#))

Nasal formulation ([Spanish](#))

Shot formulation ([English](#))

Shot formulation ([Spanish](#))

Monday, October 19, 2020/ 9 am—12 pm  
Washington Elem./Middle School

Monday, October 19, 2020/ 1 pm -- 3 pm  
Madison Elementary School

Tuesday, October 20, 2020/ 9 am—12 pm  
Altadena Elementary School

Tuesday, October 20, 2020/ 1 pm—3 pm  
Longfellow Elementary School

Wednesday, October 21, 2020/ 9 am—12 pm  
Willard Elementary School

Wednesday, October 21, 2020/ 1 pm—3 pm  
Hamilton Elementary School

Monday, October 26, 2020/ 9 am—12 pm  
Blair Middle/High School

Monday, October 26, 2020/ 1 pm—3 pm  
McKinley School

Tuesday, October 27, 2020/ 9 am—12 pm  
Webster Elementary School

Tuesday, October 27, 2020/ 1 pm—3 pm  
Norma Coombs Elem. School

Wednesday, October 28, 2020/ 9 am –1pm  
Muir High School

Thursday, October 29, 2020/ 9 am—1 pm  
Muir High School

Wednesday, November 4, 2020/ 9 am—1 pm  
Pasadena High School

Thursday, November 5, 2020/ 9 am—1 pm  
Pasadena High School

